

ALEXANDER S. GAGNON

EDUCATION:

Central Michigan University, Mt. Pleasant, MI

Doctorate of Physical Therapy, May 2021

Central Michigan University, Mt. Pleasant, MI

Bachelor of Science in Athletic Training, May 2018

PROFESSIONAL EXPERIENCE:

Athletic Training Educational Program, Mount Pleasant, MI

Athletic Trainer, August 2018 – March 2020

- Supervised and aided athletic training students in the Injury Care Center in the evaluation, treatment, and discharge of patients
- Provided medical coverage and support to the Student Activity Center staff with emergency protocols
- Supervised and aided athletic training students in providing medical coverage for intramural sports, including injury evaluations, pre- & post- competition taping & wrapping, and activation of emergency protocols
- Supervised athletic training open laboratory times, which included testing students on skill sheets, demonstrating and teaching skills to students, and answering questions regarding athletic training
- Provided medical coverage to a variety of collegiate club sport competitions and tournaments

UP Rehab Services, Marquette, MI

Rehab Aide, May 2015 – August 2015, May – August 2016

- Aided physical therapists and athletic trainers with patient care, creating a more efficient environment for healing and positive patient interactions
- Demonstrated exercises and guided patients through rehabilitation protocols to improve overall health and well-being
- Supported the clerical staff by answering the telephone, scheduling patient appointments, faxing physical notes, maintaining a clean and safe environment for patients and staff

PROFESSIONAL DEVELOPMENT:

Michigan State University Rehabilitation, East Lansing, MI

Student Physical Therapist, September 2020 – December 2020

- Evaluated and treated a diverse range of patients with neurological, orthopedic, post-surgical, and cardiopulmonary conditions in an outpatient setting
- Provided a variety of therapeutic interventions including but not limited to Graston, BFR training, gait training on the Alter-G treadmill, and therapeutic taping with Kinesio tape and Leukotape
- Communicated to physical therapist assistants, athletic trainers, and clerical staff about patient conditions and needs
- Researched, documented, and followed the plan of care of a patient for a case report
- Managed 75-100% of clinical instructors case load

Sinai-Grace Hospital, Detroit, MI

Student Physical Therapist, May 2019 – June 2019

- Evaluated and treated a diverse range of patients with neurological, orthopedic, post-surgical, and cardiopulmonary conditions in acute care, ICU, and inpatient rehab
- Assessed vitals, medical, and/or mental status changes to modify treatments
- Observed surgery
- Attended speech language pathology and neuropsychiatry presentations
- Managed 25-50% of clinical instructors case load

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- Communicated to doctors, nurses, and other support staff about patient's conditions and needs

Clearwater High School/Morton Plant Hospital, Clearwater, FL

Athletic Training Student, January 2018 – April 2018

- Independently served as the athletic trainer, providing patient care, rehabilitation, wound care, and pre-practice or competition taping with minimal supervision from a certified athletic trainer
- Independently performed injury assessment on patients and created a rehabilitation protocol unique to the patient
- Demonstrated and instructed patients through rehabilitation exercises
- Organized pre-practice or competition venue to ensure hydration and medical supplies were available
- Provided medical coverage for practices and competitions

Midland High School, Midland, MI

Athletic Training Student, January 2017 – April 2017

- Aided the athletic trainer with patient care, rehabilitation, wound care, and pre-practice or competition taping
- Independently performed injury assessment on patients and created a rehabilitation protocol unique to the patient
- Demonstrated and instructed patients through rehabilitation exercises
- Organized pre-practice or competition venue to ensure hydration and medical supplies were available
- Provided medical coverage for practices and competitions
- Conducted NFL Sideline Concussion Assessment tool protocol.

Central Michigan University Department of Intercollegiate Athletics, Mt. Pleasant, MI

Athletic Training Student, August 2014 – December 2015

- Aided the athletic trainer with patient care, rehabilitation, wound care, and pre-practice or competition taping
- Independently performed injury assessment on patients and created a rehabilitation protocol unique to the patient
- Demonstrated and instructed patients through rehabilitation exercises
- Organized pre-practice or competition venue to ensure hydration and medical supplies were available
- Worked with NCAA Division I men's football, women's basketball, men's baseball, and women's gymnastics

CERTIFICATIONS:

- Board Certified Athletic Trainer
- Licensed Athletic Trainer in the State of Michigan
- Certified Strength & Conditioning Specialist
- American Red Cross Basic Life Support and First Aid
- Identifying Victims of Human Trafficking
- CITI Training
- NPI Identification Number

SKILLS:

- Excellent organizational skills
- Hard worker and detail oriented
- Dependable and punctual
- Outstanding communication skills both written and oral
- Exceptional people/customer service skills
- Computer skills: Word, Excel, PowerPoint