

## CURRICULUM VITAE

Leonard D. Arguelles, PT, DPT, CCS  
1919 W. Taylor St., 448 AHSB  
Mail Code 898  
312-996-4660  
Department of Physical Therapy, University of Illinois at Chicago

### Education:

University of Illinois, Chicago, IL- Class Vice President; Doctor of Physical Therapy, 2008  
North Park University, Chicago, IL- Bachelors of Science in Biology; Interdisciplinary Dual Major in Philosophy- 2004

### Licensure Information/Registration Number:

License Number	Description	Status	First Effective Date	Effective Date	Expiration Date	Ever Disciplined
070016615	LICENSED PHYSICAL THERAPIST	ACTIVE	08/12/2008	09/12/2018	09/30/2020	N

### Certifications (eg, ABPTS):

ACLS Certification- 2018  
BLS Certification- 2018  
American Board of Physical Therapy Specialties- Board Certified Cardiovascular and Pulmonary Specialist- 2016

### Employment and Positions Held:

Visiting Clinical Assistant Professor: 2017- Present  
Department of Physical Therapy, University of Illinois at Chicago

- Primary Instructor/Coordinator for:
  - PT 600- Intro to PT
  - PT 622- Psychosocial Theory and Practice
  - PT 624- Therapeutic Applications
  - PT 625- Professional Development I
- Guest Lecturer/Lab Assistant for:
  - PT 635- Cardiopulmonary Dysfunction
  - PT 634- Neuromuscular Dysfunction II
  - PT 628- Case Management in PT Practice
  - HLP 520- Nutrition for Healthy Living
- Assist with facets of Clinical Education including:
  - Coordination and participation in site visits for students on Clinical Internships
  - Management and updating of student/clinical instructor accounts on CPI-Web and Exxat software programs
  - Assist with clinical education remediation and preparation, especially

pertaining to acute care/critical care physical therapy

SENIOR STAFF PHYSICAL THERAPIST: 2008-2017  
SWEDISH COVENANT HOSPITAL, CHICAGO, IL

- Management of a full-time caseload on acute care in all areas of the hospital, including orthopedics, critical care, cardiac
- telemetry, general medical, post surgical care, neuro
- Acute Care team leader: management of daily acute care issues within the hospital, representative for acute care therapy
- during interprofessional meetings, coordination/management of monthly acute PT/OT /Speech meetings
- Assisted in development and implementation of early mobilization protocol for intubated patients
- Provide continuing education and training for nurses regarding lifting safety, mobility equipment, and patient transfers
- Clinical instructor with advanced CI certification for Doctor of Physical Therapy students
- Currently only staff member who takes students on a 2:1 model
- Assisted with development of orthopedic clinical pathway, including implementation of POD#0 PT evaluations
- Performed data analysis of length of stay, functional outcomes, and discharge destination for elective total joint
- replacements which facilitated increased therapy utilization, multimodal pain management use, as well as decreased use
- of PCA and epidural analgesic
- Assist in teaching the pre-op joint class to clients scheduled for total joint arthroplasty
- Formal mentor to new graduate employees, including DPTs and PTAs
- Member of the Swedish Covenant Hospital Ambassador program which entails development of relationships/
- partnerships with local business in the community
- Community education presenter ranging from falls in the elderly, early detection of stroke, and cardiovascular health
- Serve on the hospital ethics board and consultant for ethical dilemmas especially related to therapy
- Assisted with the development and implementation of a dizziness assessment/treatment protocol for vestibular patients
- on acute care
- Initiated and facilitated Physical therapist/Occupational therapist participation in interprofessional rounding on critical
- care floors
- Designated our Acute Physical therapy department and Swedish Covenant Hospital as a data collection site for the
- Academy of Acute Physical Therapy's task force on Value/Productivity

LABORATORY ASSISTANT- Summer 2016

DEPARTMENT OF PHYSICAL THERAPY AT THE UNIVERSITY OF ILLINOIS, CHICAGO, IL

- Assisted head instructor during lectures, including answering student questions and providing additional clinical
- perspectives
- Lectured and demonstrated appropriate transfer technique and patient handling during

mobility training

- Assisted DPT students during lab sessions on topics such as balance training, static/dynamic stability, transfer training,
- selection of appropriate assistive devices, patient handling with assistive devices, instruction and management of patients
- on stairs or curbs
- Proctor/grader for DPT student lab practical exam

REGISTRY PHYSICAL THERAPIST: 2013- Present  
COMMUNITY FIRST MEDICAL CENTER , CHICAGO, IL

- Registry Acute Care therapist working in all areas of the hospital including orthopedics, critical care, post surgical,
- cardiac/telemetry, general medical, neuro
- Flexibility to work on sub-acute rehab floor PRN

Professional/Graduate Student Program Advising:

- Current advisor to 3 DPT students from the Class of 2021
- Advisor for a Master's Student and her presentation (August 2018-May 2019)
- Minorities in Healthcare Mentorship Program (Fall 2018-Present)

Honors, Awards, and Presentations:

- April 12, 2019. DPT Whitecoat Ceremony. Guest Speaker.
- March 7, 2019. AHS 200. Guest Lecturer. Physical Activity Guidelines for Americans 2018.
- Jan 26, 2019- APTA CSM Platform Speaker. Acute Dizziness Clinical Practice Competency
- Nov 15, 2018- PT Department Seminar. An Introduction to the Lab Values Interpretation Resource from the Academy of Acute Physical Therapy
- April 2018- 1<sup>st</sup> Place Poster at IPTA's Revitalize Conference: "Acute Dizziness Evidence-Based Clinical Practice Tool" Authors: Brittany Bagshawe, PT, DPT, NCS; Leo Arguelles, PT, DPT, CCS; James Hristodoulopoulos, OTR/L; Liz Catlin, PT, DPT; and Katharine Coombes, SPT.
- 2017- Lecture on lab values and safety implications for the physical therapist; presented to SCH therapy staff
- 2016- Lecture on recognizing stroke symptoms and stroke prevention; presented at Oak Street Health Senior Center, Chicago, IL
- 2016- Participation on panel at Northwestern University Physical Therapy Department regarding therapist experiences with domestic violence, abuse, and neglect
- 2016- Lecture on management of patients with BPPV- utilization of the Dix-Hallpike and Epley Maneuver; presented to SCH therapy staff
- 2016- Lecture on cardiac medications and their implications for the physical/occupational therapist; presented to the SCH therapy staff and cardiac/telemetry RN/medical staff
- 2015- Lecture on utilization of stethoscopes and interpreting ECG's during therapy assessments; presented to SCH therapy staff
- 2014- Presentation on decreased length of stay in ICU for patients evaluated by therapy while ventilated; presented to ICU RN/Medical staff
- 2014- Lecture on Multimodal Pain Management for Elective Total Joint Arthroplasty; presented to SCH therapy staff and orthopedic RN/Medical staff
- 2013- Case study on pediatric patient with Erb's Palsy due to shoulder dystocia; presented

to SCH therapy staff

- 2012- Case study on A Very Early Rehabilitation Trial; presented to both graduate students at UIC taking a course on advanced neuroplasticity and SCH therapy staff
- 2011- Case study on the Utilization of the Glasgow Coma Scale to determine discharge of a patient on acute care; presented to SCH therapy staff
- 2011- Evidence based practice series- Implementation/Utilization of a Total Joint Arthroplasty Clinical Pathway; staff met once a week for 6 weeks to discuss articles related to evidence supporting the use of a clinical pathway
- 2010- Case study on Patient with Hemorrhagic CVA; presented to SCH therapy staff
- 2009- Case study on Chronic Diabetes and Charcot Foot; presented to SCH therapy staff

Other Scholarly Products:

- Poster presentation at IPTA Revitalize Conference, April 2018: Acute Dizziness Evidence-Based Clinical Practice Tool
- Co-Author. AACPT Lab Values Competency 2.0, June 2019

Membership in Scientific/Professional Organizations:

- APTA: Member
- IPTA: Member
- APTA Acute Care Section: Member
- Academy of Acute Care Physical Therapy: Practice Committee Board Member

Continuing Education Attended:

- Academy of Acute Care Physical Therapy Conference: Bridging the Gap- May 18-20, 2018
- CSM, January 2019- Washington D.C.

Current Teaching Responsibilities in the Entry-Level Doctor of Physical Therapy Program (in sequence, by semester):

- Spring: PT 600- Intro to PT
- Fall: PT 622- Psychosocial Theory and Practice
- Fall: PT 625- Professional Development I
- Summer: PT 624- Therapeutic Applications