

Leonard D. Arguelles, PT, DPT, CCS



Objective

Outgoing and motivated Doctor of Physical Therapy and Board Certified Specialist with over 7 years of clinical and instructor experience pursuing a full-time assistant/associate professor position in your Physical Therapy program. Seeking to maintain a scholarly agenda and to contribute to the program's research and teaching environment.

Experience

SENIOR STAFF PHYSICAL THERAPIST

SWEDISH COVENANT HOSPITAL, CHICAGO, IL

2008-PRESENT

- Management of a full-time caseload on acute care in all areas of the hospital, including orthopedics, critical care, cardiac telemetry, general medical, post surgical care, neuro
- Acute Care team leader: management of daily acute care issues within the hospital, representative for acute care therapy during interprofessional meetings, coordination/management of monthly acute PT/OT /Speech meetings
- Assisted in development and implementation of early mobilization protocol for intubated patients
- Provide continuing education and training for nurses regarding lifting safety, mobility equipment, and patient transfers
- Clinical instructor with advanced CI certification for Doctor of Physical Therapy students
- Currently only staff member who takes students on a 2:1 model
- Assisted with development of orthopedic clinical pathway, including implementation of POD#0 PT evaluations
- Performed data analysis of length of stay, functional outcomes, and discharge destination for elective total joint replacements which facilitated increased therapy utilization, multimodal pain management use, as well as decreased use of PCA and epidural analgesic
- Assist in teaching the pre-op joint class to clients scheduled for total joint arthroplasty
- Formal mentor to new graduate employees, including DPTs and PTAs
- Member of the Swedish Covenant Hospital Ambassador program which entails development of relationships/partnerships with local business in the community
- Community education presenter ranging from falls in the elderly, early detection of stroke, and cardiovascular health
- Serve on the hospital ethics board and consultant for ethical dilemmas especially related to therapy
- Assisted with the development and implementation of a dizziness assessment/treatment protocol for vestibular patients on acute care
- Initiated and facilitated Physical therapist/Occupational therapist participation in interprofessional rounding on critical care floors
- Designated our Acute Physical therapy department and Swedish Covenant Hospital as a data collection site for the Academy of Acute Physical Therapy's task force on Value/Productivity

LABORATORY ASSISTANT

DEPARTMENT OF PHYSICAL THERAPY AT THE UNIVERSITY OF ILLINOIS, CHICAGO, IL

SUMMER 2016

- Assisted head instructor during lectures, including answering student questions and providing additional clinical perspectives
- Lectured and demonstrated appropriate transfer technique and patient handling during mobility training
- Assisted DPT students during lab sessions on topics such as balance training, static/dynamic stability, transfer training, selection of appropriate assistive devices, patient handling with assistive devices, instruction and management of patients on stairs or curbs
- Proctor/grader for DPT student lab practical exam

REGISTRY PHYSICAL THERAPIST

COMMUNITY FIRST MEDICAL CENTER, CHICAGO, IL

2013-PRESENT

- Registry Acute Care therapist working in all areas of the hospital including orthopedics, critical care, post surgical, cardiac/telemetry, general medical, neuro
- Flexibility to work on sub-acute rehab floor PRN

MMA INSTRUCTOR

EVOLUTION FITNESS CHICAGO, CHICAGO,IL

2014-PRESENT

- Provide instruction and training in multiple martial arts including boxing, kickboxing, muay thai, wrestling, judo, jiujitsu, kenpo, tae kwon do, karate, sambo, and kali.
- Work with a wide variety of clientele including middle aged, children, and children with learning disabilities
- Coached and worked cageside/ ringside for multiple competitors and events including grappling, wrestling, boxing, kickboxing, and MMA

PHYSIOLOGY TUTOR

DEPARTMENT OF PHYSICAL THERAPY AT THE UNIVERSITY OF ILLINOIS, CHICAGO, IL FALL SEMESTER 2006

- Tutored 1st year DPT students in physiology during my 2nd year of PT school
- Wrote and graded practice tests in preparation for class exams
- Met with students 1:1 as well as lectured on various physiology topics in groups of 3-5 students

Education

American Board of Physical Therapy Specialties- Board Certified Cardiovascular and Pulmonary Specialist- 2016

University of Illinois, Chicago, IL- Class Vice President; Doctor of Physical Therapy, 2008

North Park University, Chicago, IL- Bachelors of Science in Biology; Interdisciplinary Dual Major in Philosophy- 2004

Presentations/Lectures

2009- Case study on Chronic Diabetes and Charcot Foot; presented to SCH therapy staff

2010- Case study on Patient with Hemorrhagic CVA; presented to SCH therapy staff

2011- Evidence based practice series- Implementation/Utilization of a Total Joint Arthroplasty Clinical Pathway; staff met once a week for 6 weeks to discuss articles related to evidence supporting the use of a clinical pathway

2011- Case study on the Utilization of the Glasgow Coma Scale to determine discharge of a patient on acute care; presented to SCH therapy staff

2012- Case study on A Very Early Rehabilitation Trial; presented to both graduate students at UIC taking a course on advanced neuroplasticity and SCH therapy staff

2013- Case study on pediatric patient with Erb's Palsy due to shoulder dystocia; presented to SCH therapy staff

2014- Lecture on Multimodal Pain Management for Elective Total Joint Arthroplasty; presented to SCH therapy staff and orthopedic RN/Medical staff

2014- Presentation on decreased length of stay in ICU for patients evaluated by therapy while ventilated; presented to ICU RN/Medical staff

2015- Lecture on utilization of stethoscopes and interpreting ECG's during therapy assessments; presented to SCH therapy staff

2016- Lecture on cardiac medications and their implications for the physical/occupational therapist; presented to the SCH therapy staff and cardiac/telemetry RN/medical staff

2016- Lecture on management of patients with BPPV- utilization of the Dix-Hallpike and Epley Maneuver; presented to SCH therapy staff

2016- Participation on panel at Northwestern University Physical Therapy Department regarding therapist experiences with domestic violence, abuse, and neglect

2016- Lecture on recognizing stroke symptoms and stroke prevention; presented at Oak Street Health Senior Center, Chicago, IL

2017- Lecture on lab values and safety implications for the physical therapist; presented to SCH therapy staff

Interests

APTA Member

Member of the Academy of Acute Physical Therapy

6x Chicago Marathon Finisher

2x Chicago Golden Gloves Amateur Boxing Champion

Purple Belt in Brazilian Jiujitsu