

AARON KEIL PT, DPT, OCS

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EDUCATION / SPECIALIST CERTIFICATIONS

Doctor of Physical Therapy

August 2011

- University of New England

Board Certified Orthopedic Clinical Specialist

March 2002 and April 2013

- American Physical Therapy Association

Bachelor of Science Physical Therapy

May 1994

- California State University Long Beach

PRACTICE HISTORY

Clinical Associate Professor: University of Illinois at Chicago *Chicago, IL Sept 2014 – Current*

- Responsible for creation, modification and instruction of various aspects of academic program curricula within UIC's doctor of physical therapy program
- Serve as Faculty Advisor to students
- Director: Faculty Practice
- Director :Orthopedic Residency
 - Oversee creation and implementation of orthopedic residency
 - Ongoing mentoring of orthopedic residents

Outpatient Rehab Manager: The Johns Hopkins Hospital *Baltimore, MD June 2012 – Sept 2014*

- Oversee outpatient clinical and administrative activities for Physical Therapy, Occupational Therapy and Speech and Language Pathology services (45 FTEs)
- Serve as Clinical Faculty for Orthopedic Residency Program
- Participate in screening, interviewing and selection of orthopedic residency candidates
- Provide administrative input for the outpatient neurologic residency program
- Determine annual plan for hosting onsite continuing education courses for staff
- Assist in research related interests of clinical staff
- Develop, oversee and manage outpatient budget
- Oversee performance improvement initiatives related to cost containment, clinical excellence (best practices), employee engagement, patient satisfaction and productivity
- Ensure department-wide compliance with Federal and State regulations and hospital policies
- Provide direct patient care (4-8 hours / week) adult orthopedic population: discogenic LBP, lumbar radiculopathy, cervical sprain / strain, ankle sprain / fxs, ACL/PCL tear, etc.)

Clinical Leader: Georgetown University Hospital

Washington D.C. Jan 2009 – June 2012

- Oversee daily operations of hospital-based outpatient physical therapy clinic
- Serve as Clinical Faculty for Orthopedic Residency Program
- Serve as clinical consultant to staff members for complex foot and ankle cases
- Provide clinical in-services to staff therapists
- Conduct annual performance reviews of senior clinical staff
- Oversee program development and quality improvement initiatives
- Conduct interviews and select candidates for employment
- Provide direct patient care (approximately 25 hrs / wk) Adult orthopedic population: discogenic LBP, lumbar radiculopathy, cervical sprain / strain, ankle sprain / fxs, ACL tear, significant exposure to post-op ankles (tendon reconstructions, fusions, etc.)

Rehab Department Supervisor – P.A.C.E

San Diego, CA March 2008- Dec 2008

- Oversee daily operations of rehab dept. (OT, PT and ST).
- Coordinate staff and patient scheduling.
- Responsible for training all staff on appropriate documentation and billing procedures.
- Represent OT, PT and Speech at all Interdisciplinary Team Meetings.
- Track Quality Assurance Indicators and report as necessary.
- Provide direct patient care (30 hours / week): (senior patient population, general debility, CHF, COPD, CVA, etc.)

Owner / Director - Aaron Keil Physical Therapy, Inc.

San Diego, CA

2005-2008

- Private Duty, home care
- Physical Therapy services provided to multiple referring agencies.
- Evaluation and treatment of patients with a variety of movement disorders (post-op THR, TKR, COPD, etc.)

Owner / Director - PainFreeRunning

San Diego, CA

2005-2006

- Private practice dedicated solely to the running athlete.
- Responsible for financial forecasting, marketing, hiring and training of staff.
- Biomechanical analysis of runners using slow motion digital video analysis.
- Direct patient care for patients with running-related injuries (approximately 20 hours / week)
- Provided shoe wear analysis and recommendations, specialized exercise programs, custom orthotics.

Physical Therapy Specialist - Sharp Rees-Stealy Orthopedics *San Diego, CA*

1996-2004

- Running Analysis Clinic Coordinator
- Clinical Instructor to multiple graduate students.
- Clinical mentor to staff physical therapists.
- Functioned in primary care role for patients suffering from Acute Back Pain (ABC clinic).
- Lectured for in-house peer continuing education: Multiple subjects related to Foot and Ankle Complex.
- Provide direct patient care for patients with various orthopedic diagnosis (40 hours / week)

QUALITY IMPROVEMENT / PROGRAM DEVELOPMENT / LEADERSHIP

No Show Reduction Initiative: - **The Johns Hopkins Hospital, Baltimore MD**

- Reduced department no-show rate by 10% (25% to 15%) in 3 months
- Decreased total no show appointments by ~200 missed visits per month
- Resulted in significant improvement in patient access and decreased wait times
- Increased net monthly revenue by ~\$30,000.

Employee Access Initiative: **The Johns Hopkins Hospital, Baltimore MD**

- Spearheaded collaborative effort with leadership from the departments of Employee Health, Nursing, Facilities / Environmental Services and The Johns Hopkins Hospital Employer Health Programs (EHP) in order to:
 - Improve Hopkins employee awareness of outpatient therapy services
 - Expedite employee access to outpatient services by creation of dedicated employee hotline
 - Increased Employee referrals by 25% in 3 months.

Outpatient clinic space re-design: **The Johns Hopkins Hospital, Baltimore MD**

- Provided project oversight for re-design of ~6,000 square feet of clinic space
- Responsible for overall design of clinic space and the selection, purchasing and installation of new equipment and supplies

Direct Access Initiative / Program leader: - **Georgetown University Hospital, Washington D.C.**

- Responsible for creating and overseeing initiative to incorporate direct access provisions for physical therapy patients at Georgetown University Hospital
- Responsible for submitting proposal for updates to Hospital Bylaws
- Developed all Clinical Competencies required for therapists to function as Direct Access Providers
- Secured District of Columbia PT Board approval for direct referral by physical therapists for advanced radiology studies

Foot and Ankle Specialty Clinic – Georgetown University Hospital, Washington D.C.

- Responsible for collaborating with foot and ankle surgeons in order to integrate physical therapy services within the department of foot and ankle surgery
- Develop new methods / pathways to expedite patient access into outpatient therapy
- Promote improved inter-departmental communication between surgeons and rehab services
- Provide quarterly teaching sessions to entire outpatient orthopedic staff

Acute Back Care (ABC) Clinic - Sharp Rees-Stealy, San Diego, CA

- Collaborative effort between physical therapy and rehab medicine to provide expedited acute care evaluation, diagnosis, and treatment of the orthopedic spine patient.
- Develop procedures for the co-examination by Physical Therapist and Physiatrist.
- Altered referral process to streamline patient entry into rehab services.
- Conduct Physician education related to ABC clinic model and availability.

Rehab Department Supervisor - P.A.C.E., San Diego, CA

- Responsible for original design and implementation of multiple systems related to standard operating procedures, clinical performance measurements, inter-departmental communication, coordination of services and patient scheduling.
- Quality Assurance Team Member – Rehab Department Representative: responsible for selection and implementation of appropriate indicators to track quality of care.
- Design and implementation of disability-specific group therapy classes.

TEACHING / EDUCATIONAL EXPERIENCE

- **Clinical Faculty**: The Johns Hopkins Hospital Orthopedic Residency Program (2013-Current)
- **Guest Lecturer**: The Johns Hopkins Hospital, Physiatry Residency (June 2013)
- **Clinical Faculty** – Georgetown University Hospital Orthopedic Residency (2010-2012)
- **Platform Presentation**: APTA Combined Sections Meeting (Feb, 2014)
 - “Pursuit and Implementation of Hospital-Based Direct Access – Highlighting Direct Referral for Radiology and Reimbursement: An Administrative Case Report”
- **Guest Clinical Expert** – American Physical Therapy Association, National Headquarters, Alexandria, Virginia. National Tweet Chat on Foot and Ankle Health (2010)

- **Guest Lecturer** – National Pitching Association. “The Biomechanics of the Throwing Athlete.”
- **Guest Lecturer** – Sharp Rees-Stealy Physical Therapy (2004). “Differential Diagnosis Related to Pathologies of the Foot and Ankle Complex – a.k.a. Funky Feet.”
- **Guest Lecturer** – American Physical Therapy Association, San Diego Chapter (2002). “Evaluation, Diagnosis, and Treatment of Common Biomechanical Faults of the Forefoot and Rearfoot.”
- **Guest Lecturer** – California State University Long Beach – Department of Physical Therapy. “Clinical Decision Making in the Real World.” (1995-96)
- **Clinical Instructor** for multiple graduate students. (1996-2014)

PROFESSIONAL MEMBERSHIP

- American Physical Therapy Association
 - Orthopedic Section
 - Foot and Ankle Special Interest Group

STATE LICENSES

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|------------------------|-----------|---------------|------|
| • Illinois | 2015 | | |
| • Maryland | 2012 | Massachusetts | 1996 |
| • District of Columbia | 2009 | Hawaii | 1996 |
| • California | 1994-2008 | New Jersey | 1995 |

AWARDS AND HONORS

- **Platform Presentation:** APTA Combined Sections Meeting 2016
 - “*Direct ordering of diagnostic imaging by physical therapists. Now is the time.*”
- **Educational Session:** APTA Next Conference 2015
 - “*The Use of Imaging to Guide Care*”

- **Educational Session:** APTA Combined Sections Meeting 2015
 - *“Pursuit and Implementation of Hospital-Based Direct Access – Highlighting Direct Referral for Radiology and Reimbursement: An Administrative Case Report”*
- **Platform Presentation:** APTA Combined Sections Meeting 2014
 - *“Pursuit and Implementation of Hospital-Based Direct Access – Highlighting Direct Referral for Radiology and Reimbursement: An Administrative Case Report”*
- Georgetown University Hospital **Employee of the Month:** (PM&R)
 - May 2009
 - November 2009 2009
- Elected to **APTA House of Delegates:** San Diego Chapter APTA 2005
- **Employee of the Quarter** - Sharp Rees-Stealy 2000
- **Class speaker:** Graduation Ceremonies – Dept. of Physical Therapy, CSULB 1994
- **Deans list** CSULB 1994
- **APTA Student Representative:** American Physical Therapy Association 1993-94
- United States Army Reserves – **Combat Engineer** 1989-1991
- Proficient in **Spanish**

VOLUNTEER / COMMUNITY SERVICE

- Red Cross Chaplain – Disaster Response Team 2007
- Guest Invocator: San Diego City Council Meetings 2006-2007
- Ministry Overseer: Horizon Christian Fellowship: Young Adults 2004-2008
 - Oversee 25 leaders of various small groups

- Coordinate community outreaches
 - Facilitate leadership training

- Pastoral Care Intern: Horizon Christian Fellowship 2004-2008
 - Provide pastoral care counseling
 - Facilitate wedding ceremonies and funerals

- Team Leader: Disaster Response Team: Horizon USA Oct 2005
 - *Hurricane Katrina* – Bay St. Louis Mississippi

- Team Member: Disaster Response Team: Horizon USA Dec 2001
 - *9/11*, New York - Ground Zero

- Team Member: *Hurricane Mitch* Relief Efforts: Dec 1998
 - Leon, Nicaragua