

# Curriculum Vitae

Caitlin Smith, MS-OTR/L, OTD, CLT-UE

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## EDUCATION

### University of Illinois at Chicago

*Doctorate of Occupational Therapy*

Graduated: May 2010

*Master of Science Leading to Certification in Occupational Therapy*

Graduated: July 2009

### University of Illinois at Urbana-Champaign

*Bachelor of Science in Psychology*

Graduated: May 2007

### Cegrí International Center for Higher Education in Granada, Spain

Spring 2006, Intensive Spanish studies

## PROFESSIONAL EXPERIENCE

**Assistant Clinical Professor**, University of Illinois at Chicago 2022-Present

**Adjunct Faculty & Curriculum Developer**, *Lewis University* 2018- 2022

**Clinical Educator**, *Maryville Children's Healthcare & Lewis University* 2020-2022

Provided therapy and instructed OT students in a medically intensive care facility for pediatric medically complex and ventilator-dependent children with a focus on infant mental health, sensory processing, and physical needs both in person and via telehealth.

**Associate Occupational Therapist**, *PhysioPartners* 2016-2022

Created an outpatient occupational therapy program within an existing physical therapy clinic. Designed website, marketing materials, community outreach programming, and provided educational seminars for prospective patients and community organizations. Provided occupational therapy in outpatient pediatric and adult settings focusing on cancer survivors, hand injuries and upper extremity lymphedema as an independent associate. Developed ergonomic evaluations and education materials as a preventative measure for community partners and clients to prevent repetitive strain injuries and promote workplace wellness.

**Early Intervention Therapist**, *Blossom Therapy* 2019-2022

Provided skills occupational therapy with the early intervention population in person and via teletherapy

**School Occupational Therapist**, *EDU Healthcare* 2017- 2021

Provided skilled occupational therapy in the school setting part-time focusing on fine motor and sensory processing both in-person and since March 2020 remotely (teletherapy).

**Occupational Therapist**, *Vital Rehabilitation* 2013-2016

Provided occupational therapy in outpatient pediatric and adult setting, as well as pediatric medically intensive unit

Spearheaded the addition of therapy groups to the company's services and designed comprehensive policies for pediatric programs to ensure the safety of both clinicians and clients, as well as facilitate best practices for providing services and preventing unnecessary medical costs.

Gained experience across the healthcare spectrum within company flex positions in acute care hospital and home health settings.

Supervised new graduate, COTA, Level I, & Level II students

**Occupational Therapist, Med Travelers** 2013- 2014  
Provided travel/contract therapy in school, inpatient rehabilitation, outpatient rehabilitation, home health, and skilled nursing settings.

**Occupational Therapist, Rehabilitation Institute of Chicago Day Rehabilitation** 2011- 2013  
Evaluated and implemented interventions for patients in day rehabilitation setting with a variety of diagnoses including cancer, spinal cord injury, cerebral palsy, stroke, multiple sclerosis, and traumatic brain injury across the lifespan (pediatric through geriatric) to increase independence and participation with meaningful daily life activities.  
Spearheaded development of the pediatric program by creating resources and mentoring co-workers of various disciplines

**Occupational Therapist, MTX Therapy/School District Kapolei, Hawaii** 2010-2011

**Volunteer Occupational Therapist, Haiti Medical Mission St. Charles Rehabilitation** 2013

**Occupational Therapist, Hippotherapy Blazing Prairie Stars** 2009-2010,2012

**Advanced Field Practicum** 2009-2010

**Fieldwork Level II, Rehabilitation Institute of Chicago Ravenswood Rehabilitation** 2009

**Fieldwork Level II, UIC Medical Center Adolescent Mental Health** 2009

**Fieldwork Level I, City Kids** 2008

## TEACHING EXPERIENCE

### *Current Courses*

#### *University of Illinois at Chicago*

#### **Lead Co-Instructor and Curriculum Development**

OT 600: Introductory Occupational Therapy Knowledge and Skills 2022

#### **Facilitator**

OT 535: Synthesis II 2022

#### **Co-Instructor**

OT 522: Functional Movement and Mobility 2022

### *Lewis University*

#### *Adjunct Clinical Faculty*

#### **Small Group Instructor and Curriculum Development**

OTED 61600: Level I Fieldwork Pediatrics 2020-2022

#### **Small Group Instructor and Curriculum Development**

OTED 61600: Level I Fieldwork Mental Health 2020-2022

#### **Lead Instructor and Curriculum Development**

OTED 61800: Capstone-Occupational Justice and the Community 2020

#### **Lead Instructor and Curriculum Development**

**Lead Instructor and Curriculum Development**

OTED 60700: Occupational Therapy and Rehabilitation II

2019

**Northern Illinois University****Guest Lecturer**

Introduction to Occupational Therapy,

2012

**PRESENTATIONS**

**Smith, Caitlin** (2022). Addressing Mental Health in Adult and Pediatric Physical Rehabilitation Settings. Zoom and in person OT student workshop, May 2022.

**Smith, Caitlin** (2022). Coping with Chronic Pain. Zoom based workshop, May, 2022.

**Smith, Caitlin** (2021). Building Cognitive Resiliency. Zoom based workshop, March, 2021.

**Smith, Caitlin** (2020). Clearing the Fog: Strategies for Cancer Related Cognitive Changes. In person and Online Workshop, March, 2020.

**Smith, Caitlin** (2019). Sleeping Well With Cancer. In person workshop, April, 2019.

**Smith, Caitlin** (2018). Sensory Integration Theory and Sensory Use for Non Occupational Therapists. Private Two Day Workshop for Rosecrance, August, 2018.

**Smith, Caitlin & Polo, Katie** (2017). The importance of OT in community cancer survivorship. AOTA National Conference, April, 2017.

**Smith, Caitlin & Asuncion, Emillie** (2016). Coping With Long-Term Side Effects. *Lecture, CancerCon, National conference for young adult cancer survivors*, April, 2016.

Fisher, G., Ferguson, L., Cook, P., **Smith, C.**, Embracing Advocacy Roles: Preparing Occupational Therapy Students, Patients, and Consumers to Speak Out. *American Occupational Therapy Association Annual Conference*, April 2010.

**PUBLICATIONS**

**Smith, Caitlin** (2022). Emotional regulation can impact daily activities for both child and parent. *Zoy*. Online Resource, Awaiting Publication.

**Smith, Caitlin** (2022). Understanding the sensory system's impact on children's regulation. *Zoy*. Online Resource, Awaiting Publication.

Polo, Katie & **Smith, Caitlin** (2018). Taking our seat at the table: Community Cancer Survivorship. *American Journal of Occupational Therapy*.

**Smith, Caitlin**. Occupational Therapy Across Practice Settings. *Lecture, Introduction to Occupational Therapy, Northern Illinois University*, October, 2012.

**Smith, Caitlin** (2012). Applying the Model of Human Occupation to Hippotherapy. *Hippotherapy Magazine*, Winter.

**Smith, Caitlin** and Taylor, Renee. (2010). Using the intentional relationship model in the treatment of

medically complicated depression: A case study. *Journal of Psychiatric Intensive Care*, 12 Aug 2010.

Taylor, R., Kielhofner, G., **Smith, C.**, Butler, S., Cahill, S., Ciukaj, M., & Gehman, M. (2009). Volitional changes in children with autism: A single-case design study of the impact of hippotherapy on motivation. *Occupational Therapy in Mental Health*, 25(2), 192-200.

Fisher, G., Ferguson, L., Cook, P., **Smith, C.**, Embracing Advocacy Roles: Preparing Occupational Therapy Students, Patients, and Consumers to Speak Out. *American Occupational Therapy Association Annual Conference*, April 2010.

### **LICENSURE & CERTIFICATIONS**

Occupational Therapy Licensure	2009-Present
NBCOT certificate	2009-Present
Certified Lymphedema Therapist- Upper Extremity CLT-UE	2018-Present

### **PROFESSIONAL SERVICE**

Admissions Committee	2022
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### **PROFESSIONAL MEMBERSHIP**

American Occupational Therapy Association Member

### **DOCTORATE THESIS AND PRESENTATION**

Beyond the Biomechanical: The utility of the Intentional Relationship Model (IRM) and the Model of Human Occupation (MOHO) as theories guiding the use of animals in therapy.

### **RESEARCH**

<b>Research Assistant</b> , <i>Department of Occupational Therapy</i>	2009
<b>Research Assistant</b> , <i>Department of Disability and Human Services</i>	2008

### **COMMUNITY WORK**

<b>Gilda's Club Chicago Patient Education Workshop Presenter &amp; Creator</b>	2014-Present
<b>One Step at a Time Summer Camp Scuba Diving Program Leader</b>	2010-Present
<b>Imerman's Angel, Mentor Angel Committee Chair</b>	2011-2013