

NAMRATA N. SHAH, MS, OTR/L, CIMI®

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EDUCATION

UNIVERSITY OF ILLINOIS AT CHICAGO (UIC)

Chicago, IL

Master of Science in Occupational Therapy, July 2014

- Urban Allied Health Academy (UAHA) Fellow
- Preparing Occupational and Physical Therapy Scholars for Early Intervention and School Based Practice Training Grant Recipient
 - **Specialized Coursework:** Foundations for Therapy in Early Intervention and Special Education (Spring 2013) & Methods for Therapy in Early Intervention and Special Education (Fall 2013)
- Lillian B. Torrance Award Recipient

Bachelor of Science in Psychology, May 2012

- Psi Chi Honors Society Member 2009-2012
- Honors College Member 2008-2012
- Dean's List Scholar 2008-2012
- Liberal Arts and Sciences Research Initiative Grant Recipient 2011-2012

LOVING TOUCH FOUNDATION

Certified Infant Massage Instructor (CIMI®), March 2017 – Present

ILLINOIS EARLY INTERVENTION PROGRAM

Credentialed Early Intervention Provider and Evaluator, June 2016 -- Present

WORK EXPERIENCE

UIC OT FACULTY PRACTICE, CHILDREN, YOUTH, AND FAMILIES

Chicago, IL

Occupational Therapist and Clinical Instructor

October 2018 - Present

- Provide occupational therapy services to children and families in the home and community.
- Utilize occupation-based and evidence based interventions to occupational therapy practice

EASTERSEALS DUPAGE AND FOX VALLEY REGION

Villa Park, IL

Occupational Therapist (Early Intervention & Outpatient Pediatric Therapy) – Full Time

Oct 2017 - Present

- Serve as an Early Intervention (ages 0-3) and center based provider (ages 3-18) for children with developmental and physical disabilities
- Facilitate a sensory-based feeding therapy group with a parent coaching component
- Evaluate children as part of an interdisciplinary medical diagnostic team
- Participate in multidisciplinary meetings to discuss evidence-based and family-centered practice concepts

ST. ALEXIUS MEDICAL CENTER

Hoffman Estates, IL

Occupational Therapist - Registry (Medical/ Surgical & Pediatrics)

Nov 2015 – Mar 2018

- Conducted evaluations to determine prior and present level of functioning
- Provided training and education in self-care activities, functional mobility, and post-surgical orthopedic protocols
- Educated patients, families and caregivers on exercises, safe transfers, equipment use, and safe transition to next level of care
- Contributed to plan of care and safe discharge planning as part of an interdisciplinary team, including recommendations for transitioning to the next level of care

ASPIRE KIDS

Hillside, IL

Occupational Therapy Team Leader & Occupational Therapist – Full Time (Early Intervention & Outpatient Pediatric Therapy) Sept 2014 - Sept 2017

- Provided supervision and mentoring to the occupational therapy team to reflect evidence-based and best practices
- Delivered family-centered support to children with developmental delays and disabilities in their home, community and at the center
- Assessed each child's strengths and areas of need utilizing knowledge of typical and atypical development in all areas, as well as sensory integration and to create meaningful goals and an individualized treatment plan
- Collaborated with other service providers as part of an interdisciplinary team to provide evidence-based interventions as well as parent education and coaching
- Planned and facilitated community groups for children of all abilities and their families
- Supervised fieldwork students
- Conducted screenings and professional development presentations at partnership schools, and provide consultation to classroom teachers and school administrators to support inclusion of students with special needs

FIELDWORK EXPERIENCE

ASPIRE KIDS

Early Intervention and Outpatient Pediatric Therapy

*Hillside, IL
Apr 2014 – June 2014*

LOYOLA UNIVERSITY MEDICAL CENTER

Acute Care and Inpatient Rehabilitation, Hematology & Oncology Unit

*Maywood, IL
Jan 2014 – Mar 2014*

EASTER SEALS METROPOLITAN CHICAGO

Autism Therapeutic Day School

*Tinley Park, IL
July 2013 – Aug 2013*

RESEARCH EXPERIENCE

UIC COGNITION OF SECOND LANGUAGE ACQUISITION LAB

Student Research Assistant

*Chicago, IL
May 2010 - May 2012*

- Assisted in research that aimed to understand the neurocognitive processes underlying late-learned second language acquisition and use
- Developed and presented self-directed research project focused on comparing the validity and reliability of various measures of procedural memory

UIC DEPARTMENT OF OCCUPATIONAL THERAPY

Student Research Assistant

*Chicago, IL
May 2009 - May 2010*

- Assisted in research that investigated the readability of early intervention program literature and the health literacy skills of parents who have children enrolled in early intervention programs

PUBLICATIONS & PRESENTATIONS

- Shah, N., Washko, J., & Stoffel, A. (October 2018). "Strategies for Supporting Transition From Early Intervention to Early Childhood Special Education." OT Practice.
- Introduction to Infant Massage (In-Service), Aspire Kids, Hillside, IL, April 2017
- Introduction to Sensory Processing (Professional Development Presentation for Teachers & School Administrators)
 - Visitation School, Chicago, IL, May 2017
 - St. Mary's School, Dixon, IL, Aug 2016
 - Saints Faith, Hope, & Charity School, Winnetka, IL, March 2016
- Community of Practice: Advancing Pediatric Occupational Therapy through Collaboration, Advocacy, and Action, Lisle, IL at the Illinois Occupational Therapy Association Conference, Oct 2016
- Meeting Developmental Milestones: Role of Occupational, Speech and Physical Therapy in Early Intervention, Precious Hearts Daycare, Broadview, IL (Co-Author/Co-Presenter), June 2016
- Shah, N. & DeReuter, C. (September 2015). "Top 10 Ways to Advocate for OT in Pediatric Practice." OT Practice. 16(20): 19-20.
- Comprehensive Approach to Feeding Disorders: An OT and SLP Perspective (In-Service), Aspire Kids, Hillside, IL, April 2015
- Is it Sensory or Behavior? (In-Service), Aspire Kids, Hillside, IL, July 2014

PROFESSIONAL MEMBERSHIPS

American Occupational Therapy Association (AOTA) since 2012

Illinois Early Intervention and Schools Community of Practice (CoP) since January 2015

Early Childhood Inclusion Task Force (AOTA) since March 2016

BLS Provider – American Heart Association since July 2014