

Leah Goodman, OTD, OTR/L, CYT

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EDUCATION

OTD	University of Illinois at Chicago , Chicago, IL Department of Occupational Therapy Clinical Doctorate in Occupational Therapy	2017
MA	University of Southern California , Los Angeles, CA Chan Division of Occupational Science and Occupational Therapy Master of Arts in Occupational Therapy	2016
BS	University of Florida , Gainesville, FL College of Liberal Arts and Sciences Bachelor of Science in Psychology, Minor in Education; <i>Cum Laude</i>	2013

PROFESSIONAL EXPERIENCE

EMPLOYMENT:

University of Illinois at Chicago August 2018-Present

Visiting Clinical Instructor, Department of Occupational Therapy, Chicago, IL

- Developed and delivered a 2-credit course entitled “Promoting Wellbeing” to support the wellbeing and academic success of undergraduate students
- Collaborated with campus partners, student organizations and administrators to build innovative student support services with an emphasis on the development of skills to support wellbeing and academic success
- Served as a mentor for graduate and undergraduate students

University of Illinois at Chicago January 2018 – August 2018

Visiting Research Associate II, Department of Disability & Human Development, Chicago, IL

- Working to develop a 1-hour online training curriculum about the rights of parents with disabilities for the National Research Center for Parents with Disabilities

University of Illinois at Chicago January 2018 – August 2018

Visiting Research Associate II, Department of Occupational Therapy, Chicago, IL

- Contributed to scholarship related to the Americans with Disabilities Act Participatory Action Research Consortium, particularly writing and editing qualitative research manuscripts for knowledge translation

Chitown Trainer, Yoga and Fitness Instructor, Chicago, IL June 2017-Present

Golden Ticket Admissions 2017-2018

Director, Higher Education Link Program

- Building a program to provide personalized support and guidance to students and their families to enhance academic success and wellbeing

University of Illinois at Chicago, ADA PARC August 2016 – December 2017

Departments of Occupational Therapy and Disability & Human Development, Chicago, IL

Graduate Research Assistant, Dr. Joy Hammel (20 hours/week, 50 % appointment)

- Collaborated with the primary investigator and research team of the Americans with Disabilities Act Participatory Action Research Consortium, a national grant examining home, community and work disparities among people with disabilities
- Grant writing - Made significant contributions to a \$2.5 million, 5-year grant through National Institute for Independent Living and Rehabilitation Research (NIDILRR): Literature review, background, coordinated contributions from 10 ADA centers across the United States
- Served as a contributing author to research manuscripts

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL November 2016-Present

Occupational Therapist, IDHS Williams Consent Decree

- Conducted functional performance-based assessments to suggest supportive services to aid individuals in transitioning from institutions to community living

University of Southern California Fall 2015- Spring 2016

Chan Division of Occupational Science and Occupational Therapy, Los Angeles, CA

Teaching Assistant, Minor in Occupational Science (10 hours/week, 25 % appointment)

OCCUPATIONAL THERAPY CLINICAL FIELDWORK:

UCSF Benioff Children’s Hospital & Research Center Oakland, Oakland, CA	May-August 2016
Glendale School District, Glendale, CA	September-December 2015
Rehabilitation Institute of Chicago, Chicago, IL	May-August 2015
Women’s Community Reintegration Services & Education Center, Los Angeles, CA	February-April 2015
Rancho Los Amigos National Rehabilitation Center, Downey, CA	September-December 2014

LICENSURE, PROFESSIONAL AFFILIATIONS & ORGANIZATIONS

Registered Occupational Therapist (OTR) National Board for Certification in Occupational Therapy; Certification Number: 367396	2016-Present
Licensed Occupational Therapist (OTR/L), State of Illinois Department of Financial and Professional Regulation; License Number: 056.011733	2016-Present
The Association for Contemplative Mind in Higher Education	2018-Present
Mental Health America’s Collegiate Mental Health Innovation Council, Appointed member	2017-Present
AHEAD’s Coalition for Disability Access in Health Science and Medical Education	2017-Present
National Consortium for Building Healthy Academic Communities	2017-Present
University of Illinois at Chicago’s Mental Health Network, Chicago, IL	2017- Present
Chancellor’s Committee on the Status of Person with Disabilities, University of Illinois at Chicago	2017-2018
Certified Yoga Instructor (CYT 200 hour), Yoga to the People, San Francisco, CA	2016- Present
American Occupational Therapy Association	2014-Present
Pi Theta Epsilon, Alpha Eta Chapter, National OT Honor Society	Inducted 2015

RESEARCH EXPERIENCE

University of Illinois at Chicago, Doctoral Research Department of Occupational Therapy, Chicago, IL <i>Primary Investigator; advisor Dr. Joy Hammel</i>	Spring 2016 – Present
<ul style="list-style-type: none"> Comprehensively explored the literature and conducted a needs survey surrounding the needs of college students with disabilities to inform the development of supportive services Designed, delivered and evaluated the impact of a 2-credit mental health and wellbeing curriculum for undergraduate students utilizing both quantitative and qualitative inquiry 	

TEACHING & MENTORING EXPERIENCE

University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL <i>OT494 Special Topics in Occupational Therapy: “Promoting Wellbeing”</i>	Fall 2017, Fall 2018
<ul style="list-style-type: none"> Independently developed, instructed and evaluated the impact of a two-credit wellbeing course to support student mental health and academic success 	
University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL <i>OT494 Special Topics in Occupational Therapy: Independent Study (Honors College Student)</i>	Fall 2018
<ul style="list-style-type: none"> Mentored an Honors College pre-medicine student for an independent study in topics related to mental health and wellbeing, as well as research design 	
University of Illinois at Chicago, School of Medicine, Chicago, IL Mindfulness Plenary Speaker	Summer 2018
University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL Doctoral Committee Member	Summer 2018
University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL <i>OT 590 OTD Doctoral Proseminar</i> Guest Workshop: Strategizing mental health and wellness with postsecondary students with mental health concerns: The role of OT	Spring 2018
University of Illinois at Chicago, Department of Occupational Therapy, Chicago, IL <i>OT506 Developing a Therapeutic Use of Self</i>	Fall 2017
<ul style="list-style-type: none"> Interactive guest lecture on ethics in occupational therapy practice 	

PUBLICATIONS

Goodman, L. (2018, April 24). Who is responsible for addressing mental health and wellbeing in education? [Web log post]. Retrieved from <http://www.mentalhealthamerica.net/blog/who-responsible-addressing-mental-health-and-wellbeing-education>

Goodman, L. (2018). "Occupational Therapy in Higher Education." *The Communique*. January/February/March 2018, pp.16-17.

Goodman, L. (2017). Mental health on university campuses and the needs of students they seek to serve. *Building Healthy Academic Communities Journal*, 1(2), 31-44.

PRESENTATIONS

A holistic education: The role of occupational therapy in supporting college student wellbeing 2018
Illinois Occupational Therapy Association Conference, Naperville, IL

Mental health, self-management, and academic success in higher education: Outcomes of a pilot curriculum-based intervention for college students (Goodman, Leah) 2018
American Occupational Therapy Association Annual Conference, Salt Lake City, UT

A holistic education: Supporting mental health, wellbeing and self-management in higher education: Doctoral project panel 2018
University of Illinois at Chicago, Department of Occupational Therapy, Scholarship of Practice Day, Chicago, IL

Mental health disability on campus; Cultivating communities of wellbeing in higher education 2018
Depression on College Campuses Conference, Plenary Panel Speaker, University of Michigan-Ann Arbor (Goodman, Leah; Gotlib, Dorothy; Saragoza, Phillip; Schwartz, Victor; Segal, Stuart)

Supported employment and education: Taking the science into practice 2017
(Burson, Katherine; Goodman, Leah)
American Occupational Therapy Association Mental Health Specialty Conference, Indianapolis, IN

Prioritizing mental health in higher education: A pilot course to support college students with disabilities (Goodman, Leah) 2017
American Occupational Therapy Association Mental Health Specialty Conference, Indianapolis, IN

Exploring progress since the Olmstead decision: Results from the ADA PARC interviews with people with disabilities transitioning from institutional to community living 2017
(Sheth, Alisa; Goodman, Leah; Berry, Shelly; and the ADA PARC Consortium)
Health Disparities & Social Justice Conference, Chicago, IL

HONORS & AWARDS

"Meet the 15 students changing mental health on campus", Mental Health America 2017
UIC Department of Occupational Therapy, Student Travel Award 2016
UIC Department of Occupational Therapy, OTD Education and Research Scholarship 2016
UIC Department of Occupational Therapy Graduate Assistantship 2016
American Occupational Therapy Foundation, Kappa Delta Phi Scholarship 2016
USC Division of OSOT Student Leadership Award and Scholarship 2016
USC OTD Residency Graduate Assistantship Position, Keck Medical Center of USC (declined) 2015
Pi Theta Epsilon, Alpha Eta, National Occupational Therapy Honor Society 2015
Academic Merit Scholarship, University of Southern California Division of OSOT 2014, 2015
Phi Beta Kappa, National Honor Society, Elected Member 2013
Bright Futures Full Academic Scholarship, University of Florida 2009-2013
Gator Growl, Showcased Choreographer, University of Florida 2012

CONTINUING EDUCATION & TRAINING

Stanford's Chronic Disease Self-Management Program (CDSMP) September 2016
Trained Facilitator of the CDSMP "Better Choices, Better Health" self-management workshop

INTERESTS:

- Supportive services, transitions, mental health, wellbeing and self-management in higher education
- Innovative education reform
- Wellness Topics: Yoga, positive psychology, mindfulness, movement and dance
- Education, teaching and curriculum development