

Guidance for UIC campus members not affiliated with UI Health and who do not have clinical (i.e., patient- or study participant-facing duties)

UI Health faculty and staff, and students who are currently on a clinical rotation or are engaged in patient-facing activities should follow guidance provided by University Health Services (UHS) for the clinical setting. This can be found on the UI Health intranet.

Please note, beginning May 12th, 2023, the following changes will be implemented for campus employees.

- Employees testing positive for COVID-19, who were exposed to someone with COVID-19, or who have symptoms of COVID-19 will not be required to report to contact tracing. Staff should follow departmental call-in procedures.
 - a. The UIC COVID-19 Contact Tracing and Epidemiology Program (CCTEP) will remain available as a resource for employees who have questions related to the below guidance or who require assistance navigating isolation or the post-exposure period.
- 2. All campus employees are <u>required</u> to receive clearance from UHS when their **COVID** absence exceeds 3 days. To receive clearance, employees have two options:
 - a. Call (312) 996-7420 to schedule a virtual office visit with a Nurse Practitioner OR
 - b. Go to the UHS clinic at 835 S. Wolcott Suite 144, Chicago, IL, 60612.
 - c. Virtual and in-person appointments are offered between the hours of 7:00am and 4:00pm. The last patient will be registered at 3:45pm. Please note, our office is closed on <u>holidays</u>.



Last Updated: May 15th, 2023

I have tested positive for COVID-19	
I am asymptomatic	l am or was <u>symptomatic</u>
Isolate for 5 days from your positive test date. AND Upon returning to campus, you are required to mask IN ALL SETTINGS ON UIC'S CAMPUS through day 10 from the day you first tested positive for COVID-19.	 Isolate for 5 days from when your symptoms started. AND you meet <u>all</u> the below criteria: Symptoms must have improved for at least two consecutive days. You must be fever-free for 24 hours without using fever reducing medication. We also recommend that you stay home until you are well enough to do everyday activities (e.g., chores, errands). Upon returning to campus, you are required to mask IN ALL SETTINGS ON UIC'S CAMPUS through day 10 from symptom onset.

Calculating Days of Illness:

- 1. <u>If you are asymptomatic:</u> The day you tested positive for COVID-19 is day 0. If you develop symptoms after you test positive, your clock will reset. You will then follow guidance listed under "I am or was symptomatic".
- 2. If you are symptomatic: The day your COVID-19 symptoms started is day 0.

Reach out to CCTEP here



I had close contact with someone who has COVID-19 or who is suspected to have COVID-19

Wear a high-quality mask or respirator (e.g., KN95 or N95) any time you are around others inside your home or in public and **IN ALL SETTINGS ON UIC'S CAMPUS through day 10 from your last exposure.**

- Avoid areas where you are unable to mask
- Avoid crowded areas in public

Seek testing no sooner than 5 days after you are exposed.

• If you test positive follow guidance, "I have tested positive for COVID-19", above.

Monitor yourself for symptoms of COVID-19 for 10 days from your last exposure.

- If you develop symptoms, seek COVID-19 testing as soon as possible.
 - If you are utilizing a COVID-19 self-test and test negative, consider repeat testing 48 hours later.
- Contact tracing will provide you with tailored guidance and support you. <u>Report to us</u>.

If you are re-exposed or are unable to avoid contact with a COVID-19 positive person, <u>CCTEP</u> can help you navigate the above guidance and support you throughout the post-exposure period.

*Take extra precautions if you were exposed by someone in your household or another high-risk setting as you are more likely to develop COVID-19.

**Take extra precautions if you will be around someone at high-risk for severe illness, hospitalization, or death from COVID-19.

Reach out to CCTEP <u>here</u>