





# Career Capsules: A dose of AHS career possibilities

Choose a video from our selection and complete this worksheet to discuss with your advisor or a career counselor.

Take note each time you learn something new or each time something piques your interest.

 <b>Exploring/Exposure:</b> Something new I learned...	 <b>Peaked Interest:</b> I want to know more about....

 <b>Insights:</b> Alumni prepared for or landed their first position by...	 <b>My ideas:</b> Actions I can take to align myself and be marketable to an employer are...