Quick Resource Reference List:

Most UIC offices have transitioned to offering virtual access to resources. Please use the quick links below or call the office directly for the most recent updates on accessing services.

AHS Advising

Advisors have switched to online/remote advising and are accessible to you. When scheduling an appointment, please schedule the way you would traditionally schedule those meetings. Upon scheduling, they will generally send you a conference invitation request or call you depending on your preference. For units that do not use a scheduling tool, please reach out to your advisor via email for appointment options.

Campus Resources

Counseling Center: Phone: (312) 996-3490 Website: <u>https://counseling.uic.edu/</u> Info: There are several self-care resources on the Counseling website as well as guidance about managing anxiety and fear about the Coronavirus.

- Impact of Social Distancing (APA)
- Building Resilience (APA)
- Managing anxiety and stress (CDC)

Dean of Students (DOS):

Phone: (312) 996-4857 Website: https://dos.uic.edu/

Info: The U and I Care Network and the <u>Student Assistance</u> area in the Office of the Dean of Students have partnered to offer support and referral resources to students. If you are facing a personal hardship and need assistance, please visit the Dean of Students website for more information.

Office of Student Financial Aid (OSFA):

Phone: (312) 996-3126

Website: https://financialaid.uic.edu/

Info: Refer to OSFA contact list at the following <u>link</u> for specific financial aid counselor contact information.

UIC University Library

Daley Library (reduced hours): <u>https://library.uic.edu/libraries/daley/hours</u> Library of the Health Sciences' (LHS): 8am – 7pm, UIC i-card swipe access required Info: Library computer, printer, copy machines and study areas available.

Wellness Center:

Phone: (312) 413-4120 Email: <u>wellnesscenter@uic.edu</u> Website: <u>https://wellnesscenter.uic.edu/</u>

Info: The Wellness Center offers several online resources related to health and wellness. Visit their website for information on <u>stress management strategies</u> and other helpful resources.

The University of Illinois at Chicago 808 S Wood St 169 CMET, MC 518 Chicago, IL 60612-7305 P 312 996 6695 F 312 413 0086 ahs.uic.edu

Disability Resource Center (DRC):

Phone: 312-413-2183 Website: <u>https://drc.uic.edu/</u> Info: The DRC can assist in addressing barriers or access concerns for students.

UIC Food Pantry:

Phone: (312) 413-4120
Website: https://wellnesscenter.uic.edu/resources-and-services/pop-up-pantry/
Info: The food pantry will have an adjusted schedule over the spring break. Visit their website for the most current hours. (Visit the Greater Chicago Food Depository for alternative food banks.)

UIH Health Pilsen Food Pantry:

Phone: 312-413-4179 Location: 1713 S. Ashland Ave, Chicago Website: <u>https://www.chicagosfoodbank.org/locations/ui-health-pilsen-food-pantry/</u>

Campus Dining Services:

Food service is still currently open. Visit their website for modified hours.Student Center East Dining Services:Student Center West Dining Services:Phone: (312) 413-5100Phone: (312) 413-5200Website: https://dining.uic.edu/news-stories/spring-break-dining-hours-3-16-20-3-29-20/

Economic Resources

- Emergency Rental Assistance
- Unemployment Insurance

Childcare Resources:

- Chicago Park District, the District will offer enhanced programming at the <u>18 park locations</u> for families that don't have the option of staying home. <u>https://www.chicagoparkdistrict.com/coronavirus-response</u>
- Chicago Public Libraries are open to families

For additional assistance or general questions, please contact the AHS Office of Student Affairs at <u>ahsinfo@uic.edu</u>.

Campus Learning Support Resources:

After the break there are additional services we encourage you to utilize, including tutoring. Most tutoring centers will be closed during spring break, however, these centers will resume tutoring on Monday, March 30 in an online format. Centers that have transitioned to online tutoring include: AHS Academic Support and Achievement Program (ASAP)

Math & Science Learning Center (MSLC) Writing Center Foreign Language Peer Tutoring Center

> The University of Illinois at Chicago

808 S Wood St 169 CMET, MC 518 Chicago, IL 60612-7305 P 312 996 6695 F 312 413 0086 ahs.uic.edu