

# ACADEMIC SUPPORT AND ACHIEVEMENT PROGRAM

## Academic Skill Building Workshops

At ASAP we offer workshops because we want to help you succeed. Our workshops are 45 minutes or less and will help you gain tangible techniques to support you in your classes. Check out our workshop offerings below.

### TIME MANAGEMENT WORKSHOP

Organize your semester! The key to success is good management. Manage your time and see all the elements fall into place. Whether it's day 1 of the semester or you're feeling the weight of midterms, this interactive workshop helps you to better manage your time and responsibilities. Learn exactly how you spend your time, where you have free time, and techniques to help you track and achieve your goals. Reduce stress! And have more time!



### STUDY SKILLS WORKSHOP

Make the most of your study time! Some courses encourage different ways of studying and sometimes that can require an adjustment for students. The study skills workshop helps you better understand your unique learning style, pick up tips for studying (in and outside of class) and offers other helpful study strategies to consider. Regardless of your year in school, if you're looking to explore different study habits, you will find this workshop impactful for improving your current study routine!



### WRITING SKILLS WORKSHOP

Writing a capstone project or a paper for class? Learn how to organize and write an effective paper! Our writing skills workshop helps you to establish your writing goals, organize the topics to address in your paper and pool the information. The tips offered in this workshop, can help you to refine your writing skills. This workshop is especially beneficial if you're in a writing class or taking a class where you know you'll have to write a paper for your final project.



### EXAM PREP WORKSHOP

Equip yourself with the skills to succeed on your next exam! It always helps to have a plan of attack for your exams, that's why we created the Exam Prep workshop. We'll walk through planning of the seven days leading up to your exam. Learn to create a study guide from your syllabus, textbook and/or study notes and pace them in a manageable timeline. This session also covers test taking strategies for various types of exams. We personalize and tailor this workshop for your specific class and encourage you to bring any subject materials from your current course to ensure maximum benefit.



Interested in attending one of our ASAP Workshops?

ASAP Workshops are pre-scheduled and available for drop-in appointments during the first 5 weeks of the fall and spring semesters.

Make a request or view the drop in schedule: <https://go.uic.edu/ASAPWorkshopSchedule>