

# Lieke van Heumen, PhD

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## EDUCATION

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- 2015 PhD Disability Studies  
University of Illinois at Chicago, USA
- 2008 MS Psychology cum laude (specialization gerontology)  
Radboud University Nijmegen, the Netherlands
- 2006 BS Psychology (specialization gerontology)  
Radboud University Nijmegen, the Netherlands

## EMPLOYMENT

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### Current

- 2023-present Clinical Associate Professor  
Department of Disability and Human Development, University of Illinois at Chicago, USA
- 2019-2023 Clinical Assistant Professor  
Department of Disability and Human Development, University of Illinois at Chicago, USA
- 2018-2019 Visiting Clinical Assistant Professor  
Department of Disability and Human Development, University of Illinois at Chicago, USA
- 2015-2018 Postdoctoral Research Associate  
Institute for Disability and Human Development, University of Illinois at Chicago, USA

### Previous

- 2014-2015 Research assistant, Ligas Evaluation study, Institute for Disability and Human Development, University of Illinois at Chicago, USA
- Coordinated and conducted data collection and analysis for a study evaluating the implementation of the Ligas consent decree to provide community-based services for adults with intellectual and developmental disabilities.
- 2013 Interviewer  
Cerebra Centre for Neurodevelopmental Disorders, University of Birmingham, UK
- Conducted interviews for a study on the experiences of people with disabilities and their families.
- 2012-2013 Co-Principal Investigator  
Disability Studies in the Netherlands
- Designed and conducted a study evaluating the long-term impact of person-centered planning and young adults with intellectual and developmental disabilities and their families.
- 2008-2014 Research assistant, Rehabilitation Research and Training Center on Aging with Developmental Disabilities, University of Illinois at Chicago, USA
- Assisted with the design, data analysis, data collection and dissemination efforts for the study: Consumer-Directed Support: Impact of Hiring Practices and

## AREAS OF RESEARCH

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<b>Content</b>	Aging with intellectual disabilities; Autism; Dementia; Aging and disability policy; Scholarship of Teaching and Learning
<b>Theory</b>	Critical Disability Theory; Critical social gerontology; Life course perspectives
<b>Method</b>	Interdisciplinary research; Participatory and Inclusive Research; Qualitative research

## GRANTS AND FELLOWSHIPS

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Special Olympics International, *Special Olympics Research and Evaluation Translation and Dissemination Project Years 1, 2 3, 2020-2022*, total funding \$46,100. Principal Investigator.

- Three grants to produce inclusive and accessible resources from Special Olympics health data, and to develop, test and implement a co-research curriculum supporting individuals with intellectual and developmental disabilities to serve as co-researchers.

U.S. Department of Health and Human Services, Administration for Community Living (ACL), National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). *We Walk 4 Health: A mHealth Intervention to Promote Physical Activity in Adults with Intellectual and Developmental Disabilities* (90IFST005). 2020-2023, \$600,000. Co-investigator with PI Kelly Hsieh.

- This study builds on a previous pilot walking program for adults with IDD by exploring the use of activity trackers and social support with adults with intellectual and developmental disabilities and caregivers.

Health and Aging Policy Fellowship & American Political Science Association Congressional Fellowship, 2019-2020, \$15,000.

- Placement in the office of U.S. Senator Bob Casey on the U.S. Senate Special Committee on Aging.

Retirement Research Foundation, *Building community capacity for person centered planning for people aging with ID*, 2018, \$99,026. Principal Investigator. Co-PIs Haleigh Scott and Tamar Heller.

- A study revising, implementing, and evaluating a person-centered planning curriculum with older adults with intellectual and developmental disabilities in a Chicago community-based organization.

Individual Advocacy Group, Envision Unlimited through Illinois Department of Human Services, Division of Developmental Disabilities, *Short-term Stabilization Homes Evaluation*, 2017, \$80,000. Co-Principal Investigator with Tamar Heller, PhD

- Evaluation of the Short-Term Stabilization Homes program implemented by two Illinois' community-based organizations supporting people with a dual diagnosis of intellectual and developmental disability and psychiatric disability experiencing behavioral crisis.

Envision Unlimited, University of Illinois at Chicago, *Life Like Any Other*, 2015, \$12,500. Co-Principal Investigator with Tamar Heller, PhD

- Evaluation of an intervention program with the aim to better 30 integrate residents of four Community Integrated Living Arrangements into their neighborhoods through participation in community, civic, faith-based and special interest organizations.

## PUBLICATIONS

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### Peer Reviewed Journal Articles

- van Heumen, L.,** Krueger, C. & Mihaila, I., (under review). The Development of a Co-Researcher Curriculum with and for People with Intellectual and Developmental Disabilities. (Journal name withheld).
- Miller, S., & **van Heumen, L.** (2021). Inclusive online research with people labeled with intellectual and developmental disabilities during the COVID-19 pandemic: Technological adaptations. *Journal of Enabling Technologies*, 15(2): 122-135. DOI [10.1108/JET-12-2020-0051](https://doi.org/10.1108/JET-12-2020-0051)
- Williamson, H. J., **van Heumen, L.**, & Schwartz, A. E. (2020). Photovoice with Individuals with Intellectual and/or Developmental Disabilities: Lessons Learned from Inclusive Research Efforts. *Collaborations: A Journal of Community-Based Research and Practice*, 3(1): 8, 1-12. <https://doi.org/10.33596/coll.45>
- van Heumen, L.**, & Koneczny, N. (2019). Flexibility and Accessibility: Promoting Inclusive Teaching Strategies in a Large Enrollment Disability Studies College Course. *Journal of Teaching Disability Studies*, 1.
- van Heumen, L.**, & Schippers, A. (2016). Quality of Life for Young Adults with Intellectual Disabilities Following Individualized Support: Individual and Family Responses. *Journal of Intellectual and Developmental Disability*, 41(4), 1-13. doi:10.3109/13668250.2016.1213797.
- Schippers, A. & **van Heumen, L.** (2014). The inclusive city through the lens of quality of life. *International Public Health Journal*, 6(4), 311-322.
- Heller, T., Arnold, C.K., **van Heumen, L.**, McBride, E., & Factor, A. (2012). Consumer-Directed Support: Impact of Hiring Practices on Adults with Intellectual and Developmental Disabilities and Families. *American Journal on Intellectual and Developmental Disabilities*, 117(6), 464-477. doi: 10.1352/1944-7558-117.6.464.

### Book chapters

- van Heumen, L.**, & Schippers, A. (2021). Quality of Life Among Older People with Intellectual and Developmental Disabilities. In V. P. Prasher, P. W. Davidson & F. H. Santos (Eds). *Mental Health, Intellectual Disabilities and the Aging Process* (pp. 331-350). New York, NY: Springer.
- van Heumen, L.** (2021). Ageing with Lifelong Disability: Individual Meanings and Experiences Over Time. In M. Putnam & C. Bigby (Eds). *Handbook on Ageing with Disability* (23-31). New York, NY: Routledge.
- Heller, T., & **van Heumen, L.**, (2021). Aging in Individuals with Intellectual and Developmental Disabilities. In L. Masters Glidden, L. Abbeduto, L. Lee McIntyre & M.J. Tassé. *APA Handbook of Intellectual and Developmental Disabilities, Vol 2. Clinical and Educational Implications: Prevention, Intervention and Treatment* (pp. 508-523). Washington, DC: American Psychological Association.
- Perkins, E. A., & **van Heumen, L.** (2017). When the journey ends: Parental caregiving and later life planning. In B. S. Goff, & N. P. Springer (Eds). *Families and Disabilities: A Guide for Helping Professionals*. New York, NY: Taylor & Francis/Routledge.

- van Heumen, L.** & Heller, T. (2017). Aging. In K. Shogren, M. Wehmeyer & N. Singh (Eds.) *Handbook of positive psychology in intellectual and developmental disabilities: translating research into practice* (pp. 357-372). New York, NY: Springer.
- Schippers, A. & **van Heumen, L.** (2014). The inclusive city through the lens of quality of life. In R. I. Brown & R. Faragher (Eds.). *Challenges for Quality of Life: Applications in Education and other Social Contexts* (169-184). Hauppauge NY: Nova Science Publishers
- Heller, T. & **van Heumen, L.** (2013). Aging with disability. In M. Wehmeyer (Ed.) *Oxford handbook of positive psychology and disability* (pp.409-423). Oxford, U.K.: Oxford University Press.
- Parker, S., Heller, T., Schindler, A., & **van Heumen, L.** (2012). Problems, controversies and solutions. In T. Heller & S. Parker (Eds.). *Disability through the Lifecourse* (pp.39-102). Volume 1 for Sage Reference Series on Disability. Sage Publications.
- van Heumen, L.** (2012). Challenging the way we think about dementia. In *Zie meer Kijk anders. Tien jonge wetenschappers over disability studies (See more by looking in a different way. Ten young scientists on disability studies)* (pp. 101-114). Utrecht: ZonMw.

### Encyclopedia entries

- van Heumen, L.** (2018). Aging and disability. In Heller, T., Harris, S. P., Gill, C., & Gould, R. (Eds.). (2018). *Disability in American Life: An Encyclopedia of Concepts, Policies, and Controversies*. Santa Barbara, CA: ABC-CLIO.

### Book reviews

- van Heumen, L.** (2016). Illuminating the black hole: aging with autism spectrum disorder. *The Gerontologist*, 56(6), 1180-1181, doi: 10.1093/geront/gnw160

### Policy briefs and reports

- Heller, T., **van Heumen, L.**, Lee, M., Xiong, S. & Fedoris, A. (2016). *Ligas evaluation final report*. Chicago: Institute on Disability and Human Development.
- van Heumen, L.**, Heller, T., Lee, M., & Xiong, S. (2016). *Evaluation of the Ligas consent decree: Family members/guardian's experiences in the transition from an ICF/DD*. Chicago: Institute on Disability and Human Development.
- van Heumen, L.**, Caldwell, K., Xiong, S., & Heller, T. (2015). *The Ligas Consent Decree: An Evaluation of the Preferences and Experiences of Persons with Disabilities on the Waiting List*. Chicago: Institute on Disability and Human Development.
- Heller, T., **van Heumen, L.**, Caldwell, K., Wei, Y., Xiong, S., & Burke, M. (2015). *Ligas evaluation annual report: year 2 report*. Chicago: Institute on Disability and Human Development.

### Podcasts and blog posts

- van Heumen, L.** (Melissa Batchelor, PhD). (2020, November 10). EP 36: Policy Lessons From COVID (HAPF Series)[Audio podcast]. Retrieved from <https://melissabphd.com/ep-34-policy-lessons-from-covid/>
- van Heumen, L.** (Melissa Batchelor, PhD). (2020, November 3). EP 35 –US Senate Special Committee on Aging: An Interview with Senator Bob Casey (D-PA) (HAPF Series). [Audio podcast]. Retrieved from <https://melissabphd.com/ep-35-us-senate-special-committee-on-aging-an-interview-with-senator-bob-casey-d-pa/>

**Van Heumen, L.** (Melissa Batchelor, PhD). (2020 May 18). EP 12 - Aging with Intellectual and Developmental Disabilities [Audio podcast]. Retrieved from: <https://melissabphd.com/ep-12-aging-and-intellectual-disabilities-with-dr-lieke-van-heumen/>

Hernandez, A., St. John, C., Traylor, L. & **van Heumen, L.** (2020). Providing the Value They Have Earned: Addressing Direct Care Worker Needs Through Pay, Training, Innovation and Legislation [Blog post]. Retrieved from: <https://generations.asaging.org/direct-care-worker-pay-training-innovation-legislation>

## AWARDS AND HONORS

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### University

- 2022 Center for the Advancement of Teaching Excellence Action Research Scholar, University of Illinois at Chicago (UIC)
- The goal of the Action Research Scholars program is to inspire and empower UIC instructors to engage in data-informed, reflective teaching practices.
- 2021 Teaching Recognition Program Award, UIC.
- Awarded to instructors with a documented history of teaching excellence over the past three academic years and a demonstrated long-term commitment to teaching at UIC.
- 2020 Featured by Bonfire as ‘one of six extraordinary educators to get to know on campus’
- Bonfire is the only student run newspaper at UIC.
- 2017 Excalibur Award for Teaching Excellence, College of Applied Health Sciences, UIC
- The Excalibur Award is awarded by the AHS Student Council and recognizes College of Applied Health Sciences faculty who have inspired graduating students in the classroom.
- 2016 Student Achievement Award for the Program in Disability Studies, UIC
- Award presented to one graduating student each academic year.
- 2014 Rue Bucher memorial award for qualitative studies in social processes, UIC
- To recognize graduate students using qualitative or field methods in their research.
- 2014 Paul D. Doolen Graduate Scholarship for the Study of Aging, University of Illinois
- The objective of the Doolen Scholarship is to facilitate the study of aging by providing scholarships to two outstanding graduate students.
- 2013, 2014 Chancellor’s Graduate Research Fellowship, UIC
- Fellowship intends to increase multidisciplinary scholarship opportunities and exposure to varied research and creative fields for graduate and professional students.
- 2012 10<sup>th</sup> Ann & Edward Page-El, M.D. Scholarship, UIC
- The Ann and Edward Page-El Scholarship Award recognizes academic excellence and supports educational opportunities for graduate students interested in social or medical aspects of neurological disabilities.
- 2011 Chicago Consular Corps Scholarship, UIC
- Scholarship for UIC students, including international students.

### National

- 2023 Fellow of the American Association on Intellectual and Developmental Disabilities (AAIDD)
- 2016 Student and Early Career Professionals Interest Network Scholarship  
American Association on Intellectual and Developmental Disabilities (AAIDD)
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- Student and early career scholarships are awarded to those who submit exceptional research presentations.
- 2016 Gerontology Interest Network Student Scholarship, AAIDD
- Student and early career scholarships are awarded to those who submit exceptional research presentations.
- 2015 Student Award, AAIDD
- Recognizes student contributions in service, leadership, or scholarship to the field of intellectual and developmental disabilities.

## **International**

- 2012 Best essay award, Disability Studies in the Netherlands.
- Winning essay was published in book, see van Heumen, 2012.
- 2009 Cultuurfondsbeurs, Prins Bernhard Cultuur Fonds
- Dutch award for students pursuing graduate education abroad.
- 2008 VSB Beurs, VSB fonds
- Dutch award for students pursuing graduate education abroad.

## **TRAVEL GRANTS**

### **Gerontological Society of America/National Center on Gerontological Social Work Excellence**

- 2014 Accelerating Translation of Knowledge to Community Practices for Older Adults – Washington, DC

### **International Association of the Scientific Study of Intellectual and Developmental Disabilities**

- 2010, 2013 Aging Special Interest Research Group scholarship – Boston, MA; Prato, Italy
- 2009 Health Special Interest Research Group scholarship – Kingston, Canada

### **ALTER European Association on Disability Research and Disability Studies in the Netherlands**

- 2012 DisABILITY MUNDUS: European summerschool in Disability Studies – Paris, France

## **SELECT INVITED TALKS**

- 2021 Aging of People with Intellectual and Developmental Disabilities  
Advances in Aging lecture series, University of Arizona Center on Aging.
- 2020 Keynote: Navigating the Aging Dilemma of People with Intellectual Disabilities  
2020 National Parents Conference of The Jamaican Association on Intellectual Disabilities
- 2019 Postnote: inclusive research with older adults with IDD: implications for practice.  
Aging with Developmental Disabilities Conference, St. Louis, MO, USA
- 2017 Introduction to disability from a life course perspective.  
DePaul University, Chicago, Illinois
- 2017 Social support networks of aging persons with intellectual disabilities.  
The Arc, national webinar, USA
- 2017 Creative interventions when caring for our IDD geriatric population. Texas Health and Human Services Commission, Austin, Texas
- 2017 How to support older adults with intellectual and developmental disabilities to age well. 15<sup>th</sup> Annual QIDP leadership conference, the Arc, Alsip, Illinois



- 2016 How to support older adults with intellectual and developmental disabilities to age well  
University of Texas at Austin, School of Nursing, USA
- 2015 Research with people with intellectual disabilities: an example of the use of photo voice  
University of Texas at Austin, School of Nursing, USA
- 2015 Aging with intellectual and developmental disabilities  
Easter Seals, two part national webinar, USA
- 2014 Lived experience of people aging with intellectual and developmental disabilities:  
the use of inclusive research methods  
Symposium Disability Studies preceding inaugural lecture Prof. Dr. Geert van Hove  
VU University Amsterdam, the Netherlands
- 2014 Lived experience of people aging with intellectual and developmental disabilities:  
the use of inclusive research methods  
Pre-conference workshop 'New perspectives in Community Based Participatory  
Research on Aging and Developmental Disabilities' with Tamar Heller, PhD, Joseph  
Caldwell, PhD, Susan Fox, MA, MS, and Tia Nelis  
Association of University Centers on Disabilities, Washington DC, USA
- 2014 Aging with an intellectual disability  
Anixter Center, Chicago, USA
- 2013 Aging with an intellectual disability  
Lambs Farm, Libertyville, USA
- 2013 Aging and intellectual disability in the US: Context, challenges, & opportunities  
with Brian Grossman, PhD, Sc.M.  
Leadership Education in Neurodevelopmental and related Disabilities (LEND)  
Interdisciplinary Training Program, University of Illinois at Chicago, USA
- 2013 Aging Well across the Lifespan of Adults with Intellectual Disabilities  
Illinois Association for Rehabilitation Facilities conference  
Springfield, IL, USA
- 2013 Aging Well across the Lifespan of Adults with Intellectual Disabilities  
Network of Psychologists working with Aging people with intellectual disabilities, the  
Netherlands
- 2013 Social Relations of Older Adults with Intellectual Disabilities from a Life Course  
Perspective  
American Public Health Association, Disability Section Student webinar, USA
- 2011 Aging with an intellectual disability  
LEND Interdisciplinary Training Program, University of Illinois at Chicago, USA

## CONFERENCE ACTIVITY

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### Panels Organized

- van Heumen, L.** & Munly, K. (2021). *Aging with intellectual and developmental disabilities: a critical examination of supports for healthy aging*. Gerontological Society of America annual scientific meeting, Phoenix, AZ, USA.
- van Heumen, L.** (2016). *Aging experiences of individuals with intellectual and developmental disabilities and families*. Gerontological Society of America annual scientific meeting, New Orleans, LA, USA.
- Dexter, J., Peters-Beumer, L., & **van Heumen, L.** (2016). *Bridging Aging and Disability in a New Policy, Research and Practice Paradigm*. Aging in America Conference of the American Society on Aging, Washington DC, USA.
- Peters-Beumer, L. & **van Heumen, L.** (2016). *Aging and Disability Peer Group*. Aging in America Conference of the American Society on Aging, Washington DC, USA.

## Papers Presented

- Putnam, M. & **van Heumen, L.** (2023). Increasing social care capacity to meet the needs of persons aging with disability. Issue brief oral presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD).
- van Heumen, L.,** Krueger, C. (2021). *Inclusive Translation and Dissemination of Special Olympics Health Data*. Oral presentation at the International Association of the Scientific Study of Intellectual and Developmental Disabilities Europe Congress (online).
- van Heumen, L.,** Miller, S., Dubois, L., & Sadowsky, M. (2021). *Inclusive Research With Special Olympics Athletes During the Covid-19 Pandemic: Considerations for The Development of Online Inclusive Research Methods*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities (online conference).
- van Heumen, L.,** & Heller, T. (2021). *Positive Psychology and Disability Studies: Directions for Research on Aging with IDD*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America.
- van Heumen, L.,** (2020). *Updates in Titles III, IV and V (of the 2020 Reauthorization of the Older Americans Act)*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America (online conference).
- DuBois, L., Sadowsky, M., **van Heumen, L.** & Xiong, S. (2019). Inclusive Translation and Dissemination of Special Olympics Health Data. Oral presentation at the Global Congress of the International Association of the Scientific Study of Intellectual and Developmental Disabilities, Glasgow, Scotland.
- van Heumen, L.** Scott, H., Xiong, S., & Heller, T. (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Oral presentation at the Annual Scientific Meeting of the Gerontological Society of America, Boston, MA, USA.
- van Heumen, L.** (2018). *Building community capacity for person centered planning for people aging with intellectual disability*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.** (2018). *Improving Accessibility of Applied Research Methods to Promote Inclusive Research with People with ID*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.,** Ennis, D., Hsu, C., Zalka, A., Gill, J., Killingsworth, A., & Winn, S. (2017). *Enhancing community collaboration: experiences of people with intellectual and developmental disabilities*. Arc of Illinois Annual Convention, Lisle, IL, USA.
- Ennis, D., **van Heumen, L.,** Hsu, C., Zalka, A., & Gill, J. (2016). *Envision: Life Like Any Other. Enhancing community collaboration*. Illinois Council on Developmental Disabilities Retreat, Bloomington, IL, USA
- van Heumen, L.,** (2016). *Retirement for adults with intellectual disabilities: Critical review and future research needs*. Paper presentation at the Gerontological Society of America annual scientific meeting, New Orleans, LA, USA.
- van Heumen, L.,** (2016). *Bridging Aging and Disability in a New Policy, Research and Practice Paradigm: Perspectives on Research*. Oral presentation at the Aging in America Conference of the American Society on Aging, Washington DC, USA.
- Jordan Sheth, A., & **van Heumen, L.** (2016). *The experience of living with intellectual disability and dementia: A literature review and implications for practitioners and research*. Oral presentation At the Annual Conference of the American Academy of Developmental Medicine and Dentistry, Chicago, IL, USA.
- van Heumen, L.** (2016). *Social relations of older adults with intellectual disability from a life course*



- perspective*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L., Heller, T., Xiong, S., & Lee, M. (2016).** *Impact of the Ligas consent decree in Illinois on individuals with intellectual and developmental disabilities moving off the waiting list for community based services*. Oral presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L. (2016).** *Life Story Research with People Aging with Intellectual Disabilities: An Application of the Life Line Interview Method*. Oral presentation at the International Congress of Qualitative Inquiry, University of Illinois at Urbana-Champaign, USA.
- van Heumen, L. (2015).** *Aging with Intellectual Disabilities: Selfhood and the Renegotiation of Familial Relationships*. Paper presentation at the Gerontological Society of America annual scientific meeting, Orlando, FL, USA.
- van Heumen, L. & Schippers, A. (2014).** *Evaluation of Family Quality of Life after Family-Oriented Support with Young Adults with Intellectual Disabilities and Families*. Paper presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL, USA.
- van Heumen, L. & Schippers, A. (2013).** *Quality of Life Effects of Individual Support for Families*. Paper presentation at Roundtable of the Quality of Life Special Research Interest Group (SIRG), International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Amsterdam, the Netherlands.
- van Heumen, L., Schippers, A., Kleine, J., Steinbach, Z. & Adel Nikkhooij, A. (2013).** *Evaluation of Family Quality of Life after Family-Oriented Support with Young Adults with Intellectual Disabilities and Families*. Paper presentation at “The Art of Belonging”, 2nd International Conference Disability Studies in the Netherlands, Amsterdam, the Netherlands.
- van Heumen, L. (2011).** *Disability studies and aging*. Paper presentation at ‘Beyond Access: From Disability Rights to Disability Justice’, Society for Disability Studies Conference, San Jose, California, USA.
- van Heumen, L. (2010).** *Disability studies and aging*. Paper presentation at ‘Diversity in Quality of Life’ International Conference of Disability Studies in the Netherlands and VU University around World Disability Day, Amsterdam, the Netherlands.
- Heller, T., **van Heumen, L., McBride, E., Keiling, C. & Factor, A. (2011).** *Consumer-Direction: Impact of Hiring Practices on Adults with ID/DD*. Paper presentation at Festival of International Conferences on Caregiving, Disability, Aging and Technology, Growing Older With a Disability, Toronto, Canada.
- Heller, T., Arnold, C.K., **van Heumen, L., McBride, E. & Factor, A. (2011).** *Consumer-directed support: impact of hiring practice on adults with I/DD and families*. Paper presentation at State of Science Conference on Lifespan Health and Function of Adults with Intellectual and Developmental Disabilities: Translating Research into Practice, Bethesda, MD, USA.
- Heller, T., **van Heumen, L., Caldwell, K., McBride, E., Arnold, C. K. & Factor, A. (2010).** *Consumer-directed support: impact of hiring practices on families of adults with I/DD*. Paper presentation at IASSIDD Europe Congress, Rome, Italy.

## Posters Presented

- van Heumen, L., (2022).** Inclusive Research with People with Intellectual and Developmental Disabilities using Photo Voice. Poster presentation at the Photovoice Past Present Future Conference (Photovoice Worldwide) (online conference).
- van Heumen, L., Abdelrahim, R., Osorio, M., Hsieh, K, Eisenberg, Y., & Marquez, D.X. (2022).** Refining a Walking Program for Adults with IDD through Online Focus Groups. Poster presentation at the

- annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD) (online conference).
- van Heumen, L.,** Krueger, C. & Mihaila, I. (2022). The Development of a Curriculum to Train Special Olympics Athletes to be Co- Researchers. Poster symposium presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD) (online conference).
- Hernandez, A., **van Heumen, L.,** Li, L., Gualtieri, M.C., Stanley, I., O'Neill, L., & Kusmaul, N. (2020). *Promoting Healthy Aging Through Policy Change on the Federal Level: Strategies for Scholars and Clinicians.* Poster presentation at the Annual Scientific Meeting of the Gerontological Society of America (online conference).
- van Heumen, L.,** Egli, D., Barich, V., & Heller, T. (2020). *Using staff perspectives to enhance supports and services for individuals with dual diagnosis who are experiencing behavioral crisis.* Poster presentation at the annual meeting of the American Association on Intellectual and Developmental Disabilities (AAIDD): Pittsburg, PA (conference canceled).
- van Heumen, L.,** DuBois, L., & Xiong, S. (2019). Inclusive Translation and Dissemination of Special Olympics International Health Data. Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Minneapolis, MN, USA.
- van Heumen, L.** Scott, H., Xiong, S., & Heller, T. (2018). *Building community capacity for person centered planning for people aging with intellectual disability.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, St. Louis, MO, USA.
- van Heumen, L.,** Hsu, C., Ennis, D., Lilley, V., Zalka, A., Gill, J., Killingsworth, A., & Winn, S. (2017). *Experiences of adults with intellectual disabilities with community participation: results from a photo voice study.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Hartford, Connecticut, USA.
- van Heumen, L.** (2016). *Life story research with people aging with intellectual disability: an application of the lifeline interview method.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Atlanta, GA, USA.
- van Heumen, L.** (2014). *Social Relationships of Older Adults with Intellectual Disabilities from a Life Course Perspective.* Poster presentation at the Annual Scientific Meeting of the Gerontological Society of America, Washington DC, USA.
- van Heumen, L.** (2014). *Social relations of older adults with intellectual disabilities from a life course perspective.* Poster presentation at the Annual Meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL, USA.
- Burke, M. B., Arnold, K., Xiong, S., **van Heumen, L.,** McBride, E., & Heller, T. (2014). *Comparing Caregiver Experiences of Parents and Siblings of Individuals with Intellectual and Developmental Disabilities.* Poster presentation at the 47<sup>th</sup> Annual Gatlinburg Conference, Chicago, USA.
- van Heumen, L.,** Heller, T., McBride, E. & Arnold, C.K. (2013). *Satisfaction with personal support workers and well-being of aging family caregivers of adults with I/DD.* Poster presentation at the Roundtable of the Aging Special Research Interest Group (SIRG), International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Boston, MA, USA.
- Heller, T., McBride, E., **van Heumen, L.,** Arnold, C.K., Factor, A. (2012). *Consumer-Direction: Impact of Hiring Practices on Adults with ID/DD.* Poster presentation at the American Association of Intellectual and Developmental Disabilities, Charlotte, NC, USA.
- van Heumen, L.** (2010) 'Social Relations of Ageing People with Intellectual Disabilities'. Poster presentation at the Joint Roundtable of the Aging and Health Issues SIRG's, IASSIDD, Prato, Italy.

## TEACHING EXPERIENCE

Department of Disability and Human Development, University of Illinois at Chicago, USA

### ***Curriculum development and sole instructor***

Disability in U.S. society (undergraduate 200+ students)	Fall 2017-present
Disability through the life course (joint undergraduate and graduate, 10 students)	Spring 2017, Fall 2021, Fall 2022

### ***Courses taught as sole instructor***

Independent Research (graduate, 1 PhD student)	Fall 2016
Disability in U.S. society (undergraduate, 124 students)	Spring 2016

### ***Courses taught as co-instructor***

Scholarly Approaches to Teaching (graduate, 14 students)	Fall 2023
Foundations of Disability and Human Development (graduate, 7 students)	Fall 2012

### ***Undergraduate student mentorship***

Independent Research; Honors college mentor and fellow, Supervisor for Bachelor of Rehabilitation Science AHS393 Field Experience	Fall 2016-present
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### ***Graduate student mentorship***

Graduated:

- Sara Miller, UIC (PhD committee member)
- Tamara Spratley, UIC (PhD co-advisor);

Current:

- Rachael Wanjagua (PhD co-advisor);
- Denise Arnold (PhD co-advisor);
- Valerie Barich, UIC (PhD committee member);
- Odile Carroll (PhD committee member);
- Helen Rottier (PhD committee member);
- Piyush Mishra (PhD committee member);
- Em Peacock (MS committee member);
- Morgan Siska, Simmons College Boston (outside PhD committee member);
- Sheri Brown, Kansas City University of Medicine and Biosciences (outside PhD committee member)
- Hadewych Schepens, Katholieke Universiteit Leuven, Belgium (committee member PhD midterm evaluation)

### ***Teaching assistantships***

Disability in U.S. society (undergraduate, 130 students)	Fall 2014
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## Radboud University, the Netherlands

### Teaching assistantships

Developmental psychology, clinical psychology and gerontology  
(undergraduate, 20 students per course)

2007-2009

## SERVICE TO PROFESSION

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### Leadership

2022-present Secretary, Inclusive Research Special Interest Research Group, International Association for the Scientific Study of Intellectual and Developmental Disabilities

2021-present Member scientific panel National Task Group on Intellectual Disabilities and Dementia Practices

2021-present Co-convenor Lifelong Disabilities Special Interest Group  
(& 2015-2017) Gerontological Society of America

2021-present Publication committee member of the International Association for the Scientific Study of Intellectual and Developmental Disabilities

2021-2022 CJE Senior Life Linkages Policy, Advocacy and You planning committee

2018-present Member of the Editorial Board of Alter, the European Journal of Disability Research

2018-2023 Board member Arc of Illinois

2018-2023 Chair Gerontology Interest Network  
American Association on Intellectual and Developmental Disabilities

2021 Guest editor of the issue on aging and retirement for 'Impact', magazine from the Institute on Community Integration, University of Minnesota

2015 Participant Aging Strand (invitation only)  
National Goals in Research, Policy and Practice for and with People with Intellectual and Developmental Disabilities Working Meeting  
Washington, DC

### Reviewer

2015-present *Journal of Applied Research in Intellectual Disabilities*  
*Disability Studies Quarterly*  
*Intellectual and Developmental Disabilities*  
*Journal of Intellectual and Developmental Disability*  
*Journal of Policy and Practice in Intellectual Disabilities*  
*Research on Aging*  
*Scandinavian Journal of Occupational Therapy*  
*International Journal of Social Research Methodology*

2019, 2020 & 2021 AAIDD Annual meeting

2014 IASSIDD Europe Regional Congress

## UIC SERVICE

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2022-present Associate member of the Graduate Faculty

2022-present DHD IBHE B.S subcommittee

2021-present Senate Taskforce on the Future of Instruction at UIC  
2021-present AHS Student Affairs Committee  
2021-present Honors College Research Grants reviewer  
2021-2022 DHD Faculty Search Committee

## **CLINICAL EXPERIENCE**

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2002-2009 Direct support professional  
Cello (organization for persons with intellectual disabilities), the Netherlands  
2007-2008 Psychologist  
Stichting Pergamijn (organization for persons with intellectual disabilities), the Netherlands

## **LANGUAGES**

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Dutch (native); English (near-native); German (good receptive skill, basic expressive skill); French (basic receptive skill, basic expressive skill)

## **PROFESSIONAL MEMBERSHIPS**

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American Association on Intellectual and Developmental Disabilities  
Gerontological Society of America  
International Association for the Scientific Study of Intellectual and Developmental Disabilities