

CURRICULUM VITAE

Kueifang (Kelly) Hsieh, Ph.D.

GENERAL INFORMATION

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EDUCATION

Ph.D. Public Health, University of Illinois at Chicago, Chicago, IL, December, 2001
M.S. Child Development and Family Studies, University of Wyoming, Laramie, WY, May, 1989
B.S. Nursing, Taipei Medical College, Taipei, Taiwan, July, 1982

PROFESSIONAL EXPERIENCES

09/19-present Associate Director of UCEDD
Institute of Disability and Human Development
University of Illinois at Chicago
11/12-present Research Associate Professor
Department of Disability and Human Development
University of Illinois at Chicago
10/08 – 09/19 Associate Director for Evaluation and Statistics, Rehabilitation Research and Training Center on Aging with Developmental Disabilities
Department of Disability and Human Development
University of Illinois at Chicago
04/04-11/12 Research Assistant Professor, Department of Disability and Human Development, University of Illinois at Chicago
01/04- 9/08 Project Associate Director, Rehabilitation Research and Training Center on Aging with Developmental Disabilities, Department of Disability and Human Development, University of Illinois at Chicago
10/03-9/08 Assistant Director, Rehabilitation Research and Training Center on Aging with Developmental Disabilities, Department of Disability and Human Development
University of Illinois at Chicago
5/00 – 9/03 Project Coordinator, Evaluation and Data Coordinator
Department of Disability and Human Development
University of Illinois at Chicago
10/98 - 4/00 Research Specialist

RESEARCH SUPPORT

MindWalk: A Mindful Walking Intervention for Older South Asian Family Caregivers of People with Intellectual and/or Developmental Disabilities (IDD) with Perceived Psychological Stress, funded by NIA through the Midwest Roybal Center for Health Promotion and Translation (P30AG022849-17), \$50,000. The primary aim is to evaluate the feasibility and acceptability of the mindful walking protocol and intervention implementation (Co-Investigator). 06-01-23 to 05-30-24.

Supportive Housing Evaluation. Illinois Council on Developmental Disabilities (1160) \$75,000. The goal is to evaluate the outcomes of the housing navigation pilot (Principal Investigator). 10-1-22 to 08-31-25.

Analysis of movement from Illinois Developmental Centers. Illinois Department of Human Service, DDD (44CBA03437) \$50,000. The goal of the study is to continue to evaluate SODC transitions through FY22 (Principal Investigator). 7-1-22 to 6-30-23.

Direct Support Professional Training (State of Illinois, IDHS A44UICHDTRNG), \$1,586,561. This project is to revise the Illinois DSP training curriculum, adapt to online training program, and will be certified by DSP. We will also evaluate the training program. (PI: Caitlin Crabb). (Co-Investigator). 7-1-22 to 6-30-27.

Virtual Future Planning (V-FIN) for Adults with Intellectual and Developmental Disabilities and Aging Families (90IFRE0051), \$599,997. This study is to support people with I/DD and their families to develop and take action on future plans (legal/financial and residential plans; and a letter of intent, a document that serves as a roadmap for families in the future). (Co-Investigator). 9-1-21 to 8-31-24.

UCEDD National Training Initiative to Support people with Intellectual and Developmental Disabilities with Co-Occurring Mental or Behavioral Disabilities (90DDTI0044), \$549,995. The goal is to convene multi-disciplinary teams of intellectual and developmental disability and mental and behavioral health state agency personnel, and representatives of other partner agencies, with the goal of developing and implementing a shared training infrastructure tailored to Illinois' needs (Co-investigator). 9-1-21 to 8-31-26.

Bridging the Aging and Disabilities Networks to Support Future Planning of Adults with ID/DD and their families (\$375,000). The National Association of Councils on Developmental Disabilities, in partnership with the Institute on Disability and Human Development at the University of Illinois Chicago, Lurie Institute for Disability Policy at Brandeis University, The Arc, and National Association of Area Agencies on Aging, seeks to strengthen the collaboration between aging and disability networks to better support individuals with intellectual and

developmental disabilities (I/DD) and their families in future planning (Co-investigator). 9-1-21 to 8-31-26

Comprehensive needs assessment of older adults residing in suburban Cook County Illinois. AgeOptions (CFDA# 03.045), \$436,858. The goal of this project is to assess the needs of current older adults defined as persons 60 years of age and older, caregivers to older adults and persons who will be approaching 60 years of age within the next 10 years in order to identify current and projected needs of these populations. In addition, AgeOptions serves an array of ethnicities, languages, and cultures.(Principal Investigator). 9-22-21 to 12-1-22.

We Walk 4 Health: A mHealth Intervention to Promote Physical Activity for Adults with Intellectual and Developmental Disabilities. National Institute on Disability and Rehabilitation Research (90IFST005), \$599,997. The study includes social support and networking by using information and communication technology, and physical activity monitors to promote walking for adults with intellectual and developmental disabilities (Principal Investigator). 9-01-20 to 8-31-23.

We Walk Plus Study: A Walking Program Using Physical Activity Monitors and Social Networking for older Adults with Intellectual Disabilities, funded by NIA through the Midwest Roybal Center for Health Promotion and Translation (P30AG022849-17), \$74,986 to pilot study whether using Fitbits, text messages, and Fitbit community for social support to improve physical activity and cognitive function in older adults with intellectual disabilities (Principal Investigator). 6-01-20 to 5-31-22.

Program Evaluation: Opioid-Impacted Family Support Program Grant, funded by HRSA through the Malcolm X College, \$185,000. We will evaluate the Malcolm X College Community Health Worker program which prepares students to work with children and families impacted by opioid use disorder and other substance use disorders (Co- Principal Investigator). 1-1-21 to 8-31-24.

Analysis of movement from Illinois Developmental Centers. Illinois Department of Human Service, DDD (44CAA03437) \$50,000. The goal of the study is to continue to evaluate efSODC transitions through FY22 (Principal Investigator). 7-1-21 to 6-30-22.

Institute on Disability and Human development University Center for Excellence in DD. U.S. Department of Health and Human Services (90DDUC0067), \$2,887,245 (Co-Investigator). 7-1-18 to 6-30-23.

Analysis of movement from Illinois Developmental Centers. Illinois Department of Human Service, \$50,000. The goal of the study is to evaluate SODC transitions through FY21 (Principal Investigator). 7-1-20 to 6-30-21.

Healing Illinois Through Disability Arts & Culture in Color. Illinois Department of Human Service in partner with the Chicago Community Trust, \$30,000. The goal of the project is to

encourage conversations and reflection around the intersection of disability, racial inequity, social injustice, and ableism in Chicago (Principal Investigator). 4-16-21 to 6-30-21.

We Walk: A pilot technology intervention to promote physical activity for adults with ID and their caregivers. College of Applied Health Sciences Interdisciplinary Pilot Grant, \$20,000 to assess the feasibility of “We Walk”, using Fitbits and text messages intervention to improve the physical activity of adults with intellectual disabilities and their family caregivers (Principal Investigator). 1-01-16 to 1-31-17.

Longitudinal Health and Intellectual and Developmental Disability Study (LHIDDS): Examining the Effects of Modifiable Health Behaviors on Health and Function in Adults with Intellectual/Developmental Disabilities. National Institute on Disability and Rehabilitation Research (H133B130007) \$536,760 to study the potential impact on health and function and racial disparities across time (Principal Investigator). 10-1-13 to 9-30-18.

Roybal Center Pilot Study: A Randomized Controlled Trial Fall Prevention Program for Older Minority Adults with Intellectual Disabilities. National Institute On Aging (2P30AG022849-06) \$49,994 to study the effectiveness of the strength and balance training program to reduce the risk of falls in minority adults with intellectual disabilities (Principal Investigator). 7-1-10 to 8-30-12.

A Randomized Controlled Trial to Reduce Risk of falls in Adults with Intellectual Disabilities. National Institute on Disability and Rehabilitation Research (H133B080009) \$ 776,820 (for this and below projects) to study the effectiveness of the strength and balance training program to reduce the risk of falls in adults with intellectual disabilities (Principal Investigator). 10-1-08 to 9-30-13.

Prospective Cohort Study Examining the Effects of Modifiable Health Behaviors on Health and Function in Adults with Intellectual Disabilities. National Institute on Disability and Rehabilitation Research (H133B080009) to study the potential impact on health and function across time (Co-Principal Investigator/Principal Investigator). 10-1-08 to 9-30-13.

Prospective Cohort Study Examining the Effects of Modifiable Health Behaviors on Health and Function in Adults with Intellectual Disabilities. Special Olympics International, cooperative agreement #U01DD000302, \$162,522.53, from the U.S. Centers for Disease Control and Prevention to study the potential impact on health and function across time (Co-Principal Investigator/Principal Investigator). 10-1-08 to 9-30-13.

RRTC for Health and Function Across Lifespan of Individuals with I/DD-Supplement National Institute on Disability and Rehabilitation Research \$199,999 to conduct an environmental scan of state and federal datasets and of empirical research pertaining to aging with intellectual and developmental disabilities (Co-Investigator). 10-1-11 to 9-30-12.

Improving Health Care Quality through Health IT for Persons with Intellectual Disabilities. Agency for Healthcare Research and Quality (R21HS018766) \$300,000 to develop and test the

feasibility of personal health records for persons with intellectual disabilities (Co-Investigator). 6-1-10 to 5-31-12.

Evaluation of Support Service Teams. Illinois Department of Human Services \$60,000 to evaluate Support Service Teams' implementation and outcomes (Co-Investigator). 7-1-11 to 6-30-12.

SOI—Community Based Health Promotion Program Evaluation. Special Olympics International: \$49,999. (Co-Investigator). 7-1-09 to 6-30-2010.

Validation of Balance Measurements for Adults with Intellectual Disabilities. Campus Research Board: \$10,504 to examine whether three balance assessment tools that have been widely used to assess balance in the general elderly population are valid and reliable measures for adults with intellectual disabilities (Principal Investigator). 07-01-05 to 6-30-06.

Behavioral Risk Factors and Utilization of Health Care for Persons with Intellectual/Developmental Disability and their Family caregivers. National Institute on Disability and Rehabilitation Research: \$84,143 to study the health behavior impact of caregiving on family caregivers of adults with intellectual /developmental disabilities (Principal Investigator). 10-1-04 to 9-30-07.

Multicenter Trial of Vitamin E in Aging Persons with Down Syndrome. Research Foundation for Mental Hygiene \$ 144,375 to conduct a randomized study of Vitamin E and Alzheimer's disease in older adults with Down syndrome (Study Coordinator). 11-01-01 to 06-30-10.

Engagement Through Fitness-Train the Trainer Health Promotion Program. Special Olympics International to study the impact of a health education program for adults with developmental disabilities on participants' exercise and nutrition knowledge, behavior as well as self-efficacy (Principal Investigator). 11-1-03 to 12-31-04.

PUBLICATIONS

Peer-reviewed Journal Articles

Xue, Y., **Hsieh, K.**, (under review) Exploring Factors Associated with Emergency Preparedness among People with Disabilities in China. *Prehospital and Disaster Medicine*

Xue, Y., **Hsieh, K.**, Managa, S. (in Press). Racial and Ethnic Disparities in Chronic Disease Outcomes Among Adults with Intellectual and Developmental Disabilities

Mihaila, I., **Hsieh, K.**, Acharya, K. (2022). Correlates of Social Participation of Adults with Intellectual and Developmental Disabilities. *Journal of Intellectual Disabilities*, <https://doi.org/10.1177/17446295221130>

Neumeier, W., Guerra, N., **Hsieh, K.**, Thirumalai, M., Ervin, D., & Rimmer, J. (2021). POWERSforID: Personalized Online Weight and Exercise Response System for Individuals with Intellectual Disability: A randomized controlled trial. *Disability & Health Journal*, 14(4), <https://doi.org/10.1016/j.dhjo.2021.101111>

Murthy, S. & **Hsieh, K.** (2021). Examining Association between Reported High Cholesterol and Risk Factors in Adults with Intellectual and Developmental Disabilities: A Five Year Follow-Up. *Intellectual and Developmental Disabilities*, 59(2), pp. 112-122. doi: 10.1352/1934-9556-59.2.112

Lee, M.H., Matthews, A.K., Park, C.G., Vincent, C., **Hsieh, K.** (2020). Relationships among parenting stress, health-promoting behaviors, and health-related quality of life in Korean mothers of children with cerebral palsy. *Research in Nursing & Health*, <https://doi.org/10.1002/nur.22074>

Hsieh, K., Scott, H., & Murthy, S. (2020). Associated risk factors for depression and anxiety in adults with intellectual and developmental disabilities: Five-Year Follow Up. *American Journal on Intellectual and Developmental Disabilities*, 125(1), pp. 49-63.

Hsieh, K., Murthy, S., Heller, T., Rimmer, J., & Yen, G. (2018). Gum disease as a cardiovascular risk factor in adults with intellectual disability. *Journal of Intellectual Disability Research*. 62(3), 187-198.

Hsieh, K., Hilgenkamp, T.M., Murthy, S., Heller, T., & Rimmer, J.H. (2017). Low levels of physical activity and sedentary behavior in adults with intellectual disabilities. *International Journal of Environmental Research and Public Health*. 4(12), 1503; DOI:10.3390/ijerph14121503

Lee, M., Park, C., Matthews, A.K., & **Hsieh, K.** (2017). Differences in physical health, and health behaviors between family caregivers of children with and without disabilities. *Disability and Health Journal*. 10(4), 565-570

Owen, R., Bowers, A., Heller, T., **Hsieh, K.**, & Gould, R. (2016). The impact of support services teams: Community-based behavioral health support interventions. *Journal of Policy and Practice in Intellectual Disabilities*. Early view, DOI: 10.1111/jppi.12186.

Pan C-C, Davis R, Nichols D, Hwang SH, **Hsieh K.** (2016). Prevalence of overweight and obesity among students with intellectual disabilities in Taiwan: A secondary analysis. *Research in Developmental Disabilities*. 53–54,305-313

Hsieh, K., Heller, T., Bershady, J., & Taub, S. (2015) Impact of adulthood stages and social-environmental context on body mass index and physical activity of individuals with intellectual disabilities living in community settings, *Intellectual and Developmental Disabilities*. 53(2), 100-113.

Hsieh, K., Rimmer, J., & Heller, T. (2014). Obesity and associated factors in adults with intellectual disability. *Journal of Intellectual Disability Research*, 58(9), 851-863.

Heller, T., Fisher, D., Marks, B., & **Hsieh, K.** (2014). Interventions to promote health: Crossing networks of intellectual and developmental disabilities and aging. *Disability and Health Journal*, Jan 7 (1 Suppl): S24-32.

Hsieh, K., Rimmer, J., & Heller, T. (2012). Prevalence of falls and risk factors in adults with intellectual disabilities. *American Journal on Intellectual and Developmental Disabilities*, 117(6), pp. 442-454.

Rimmer, J. H., Chen, M. D., & **Hsieh, K.** (2011). A conceptual model for identifying, preventing, and managing secondary conditions in people with disabilities. *Physical Therapy*, 91(12), pp. 1728-1739.

Hsieh, K. & Rimmer, J. H. (2011, May). Identification of fall risks in adults with intellectual disabilities. Proceedings of the Lifespan Health and Function of Adults with Intellectual Disabilities: Translating Research into Practice, State of the Science Conference, Bethesda, MD.

Rimmer, J. H., **Hsieh, K.**, Graham, B. C., Gerber, B. S., & Gray-Stanley, J. A. (2010). Barrier removal in increasing physical activity levels in obese African American women with disabilities. *Journal of Women's Health*, 19(10), pp. 1869-1876.

Robinson, L. M., Davidson, P. W., Henderson, C. M., Janicki, M. P., Merrick, J., Morad, M., Wang, K.Y., **Hsieh, K.**, Heller, T., Bishop, K. M., & Wexler, O. (2010). Health trends from an international sample of older adults with intellectual and developmental disabilities. *International Journal on Disability and Human Development and Human Development*, 9(4), pp. 329-338.

Hsieh, K., Heller, T., Freels, S. A. (2009). Residential characteristics, social factors and mortality among adults with intellectual disabilities: Transitions out of nursing homes in Chicago Area. *Intellectual and Developmental Disabilities*, 47(6), pp. 447-465

Yamaki, K., **Hsieh, K.**, & Heller, T. (2009). Health profile of female caregivers supporting adults with intellectual disabilities at home. *Intellectual and Developmental Disabilities*, 47(6), pp., 425-435.

Marks, B., Sisirak, J., & **Hsieh, K.** (2008). Health services, health promotion, and health literacy: Report from the State of the Science in Aging with Developmental Disabilities Conference. *Disability and Health Journal*, 1(3), pp. 136-142.

Wang, K-Y, **Hsieh, K.**, Heller, T., Davidson, P.W., & Janicki, M.P. (2007). Carer reports of health status among adults with intellectual/developmental disabilities in Taiwan living at home and in institutions. *Journal of Intellectual Disabilities Research*, 51(3), 173-183.

Heller, T., **Hsieh, K.**, & Rimmer, J. (2004). Attitudinal and psychological outcomes of a

fitness and health education program on adults with Down syndrome. *American Journal on Mental Retardation*, 109(2), 175-185.

Heller, T., **Hsieh, K.**, & Rimmer, J. (2002). Barriers and supports for exercise participation among adults with Down syndrome. *Journal of Gerontological Social Worker*, 38(1/2), 161-178.

Heller, T., Miller, A. B., & **Hsieh, K.** (2002). An eight-year follow-up study of the impact of environmental characteristics on the well-being of adults with mental retardation. *Mental Retardation*, 40(5), 366-378.

Hsieh, K. (2001). *Residential characteristics, social factors and mortality among adults with developmental disabilities*. Unpublished doctoral dissertation, University of Illinois at Chicago, Chicago, IL.

Hsieh, K., Heller, T., & Miller, A. B. (2001). Risk factors for, injuries and falls among adults with developmental disabilities. *Journal of Intellectual Disabilities Research*, 45, 76-82.

Heller, T., **Hsieh, K.**, & Rowitz, L. (2000). Grandparents as supports to mothers of persons with intellectual disability. *Journal of Gerontological Social Work*, 33(4), 23-34.

Heller, T., Miller, A.B., **Hsieh, K.**, & Sterns, H. (2000). Later-Life Planning: Promoting knowledge of options and choice-making. *Mental Retardation*, 38(5), 395 – 406.

Heller, T., Factor, A. R., **Hsieh, K.**, & Hahn, J. E. (1998). Impact of age and transitions out of nursing homes for adults with developmental disabilities. *American Journal on Mental Retardation*, 103, (3), 236-248.

Heller, T., Miller, A. B., & **Hsieh, K.** (1999). Impact of a consumer-directed family support program on adults with developmental disabilities and their family caregivers. *Family Relations*, 48, 419-427.

Heller, T., Factor, A. R., **Hsieh, K.**, & Hahn, J. E. (1998). Impact of age and transitions out of nursing homes for adults with developmental disabilities. *American Journal on Mental Retardation*, 103, (3), 236-248.

Heller, T., Rockford, J., **Hsieh, K.F.**, Cook, J., & Pickett, S. (1997). Perceived benefits of participation in support groups for families of relatives with mental illness. *Journal of Orthopsychiatry*, 67, 187-198.

Heller, T., **Hsieh, K.** & Rowitz, L. (1997). Maternal and paternal caregiving of persons with mental retardation across the lifespan. *Family Relations*, 46, 407-415.

Hsieh, K. (1989). *Social referencing in mother-sibling-infant triadic interaction*. Unpublished master thesis, University of Wyoming, Laramie, WY.

Book Chapter

Rimmer, J. & **Hsieh, K.** (2016). Health promotion (pp. 1087-1103). In L. Rubin, J. Merrick, D. Greydanus & D. Patel (Eds.), *Health care for people with intellectual and developmental disabilities across the lifespan*, 1st edition. New York City, NY: Springer Publishing.

Non-Peer Reviewed:

Crabb, C. **Hsieh, K.**, & Heller, T. (2022). An Analysis of Movement from Illinois State-Operated Developmental Centers: Transitions between July 1, 2020 – June 30, 2021. Chicago: Institute on Disability and Human Development, University of Illinois Chicago

Crabb, C. **Hsieh, K.**, & Heller, T. (2022). Research Brief: An Analysis of Movement from Illinois State-Operated Developmental Centers: Transitions between July 1, 2020 – June 30, 2021. Chicago: Institute on Disability and Human Development, University of Illinois Chicago

Crabb, C., **Hsieh, K.**, & Heller, T. (2021). *An Analysis of Movement from Illinois State-Operated Developmental Centers: Transitions between July 1, 2016 – June 30, 2020*. Chicago: Institute on Disability and Human Development, University of Illinois at Chicago.

Crabb, C., **Hsieh, K.** & Heller, T. (2021). Research Brief: An Analysis of Movement from Illinois State-Operated Developmental Centers: Transitions between July 1, 2016 – June, 2020. Chicago: Institute on Disability and Human Development, University of Illinois Chicago. \

Hsieh, K. (2017). Intellectual Disability: Epidemiology. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology* (pp. 1842-1843). Thousand Oaks, CA: SAGE Publications, Inc.

Hsieh, K., Heller, T. (2017). Intellectual Disability: Lifespan Perspectives. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology* (pp. 1845-1847). Thousand Oaks, CA: SAGE Publications, Inc.

Hsieh, K., Rimmer, J., Heller, T., Minor, J., & Grosso, C. (2016). Policy to practice: Falls in adults with intellectual disabilities. Association of University Centers on Disabilities, Silver Spring, MD.

Traci, M., **Hsieh, K.**, & Anderson, L. (Eds.). (2016) *Impact: Feature Issue on Supporting Wellness for Adults with Intellectual and Developmental Disabilities*, Volume 29, Number 1, Winter. University of Minnesota, Institute on Community Integration.

Heller, T., **Hsieh, K.**, & Badetti, L. (2012). The Special Olympics Community-Based Health Promotion Programs: Program Evaluation Report. University of Illinois at Chicago.

Rimmer, J. H. & **Hsieh, K.** (2011, May). Longitudinal Health and Intellectual Disability Study (LHIDS) on obesity and health risk behaviors. Proceedings of the Lifespan Health and Function of Adults with Intellectual Disabilities: Translating Research into Practice, State of the Science Conference, Bethesda, MD.

Heller, T., **Hsieh, K.**, & Gould, R. (2011). An Evaluation of Support Services Teams for People with Developmental Disabilities and mental Illness. University of Illinois at Chicago.

CONFERENCE PRESENTATIONS

Hsieh, K., Eisenberg, Y., Marquez, D. X., van Heumen, L., Osorio, M., & Abdelrahim, R. (2022, November). We Walk 4 Health Program for Adults with Intellectual and Developmental Disabilities, a poster presentation at the AUCD 2022 conference, Washington DC.

Van Heumen, L., Abdelrahim, R., Osorio, M., Hsieh, K., Eisenberg, Y., Marquez., D. (2022, June). Refining a walking program for adults with intellectual and developmental disabilities through online focus group, a poster presentation at the 146th American Association on Intellectual and Developmental Disabilities Annual Meeting, Jacksonville, FL

Hsieh, K. (2021, October). Prevalence and predictors of Pap test screenings among women with intellectual disabilities. Oral presentation via Zoom at the APHA annual meeting.

Hsieh, k., Eisenberg, Y., & Van Heumen, L., (2020, October). We walk 4 health: A mHealth intervention to promote physical activity in adults with intellectual and developmental disabilities. Brown Bag Series at the Department of Disability and Human Development, University of Illinois Chicago.

Hsieh, K., Scott, H., & Murthy, S. (2019, August). Associated risk factors for depression and anxiety in adults with intellectual and developmental disabilities: Five-Year Follow Up in USA. 2019 IASSIDD World Congress, Glasgow, Scotland.

Hsieh, K. (2018, December). Health and health promotion in adults with intellectual and developmental disabilities. Little Friends Inc. in-service training, Naperville, IL.

Hsieh, K., Murthy, S. & Heller, T. (2017, November). Risk Factors for Depression in Adults with Intellectual and Developmental Disabilities: A Five-Year Follow Up. 2017 IASSIDD 4th Asia Pacific Regional Congress, Bangkok, Thailand.

Hsieh, K., Murthy, S. & Heller, T. (2017, November). Employment Status and Social Participation in Adults with Intellectual and Developmental Disabilities Living in the Community. Oral presentation at the APHA Annual Meeting, Atlanta, GA.

Murthy, S., Hsieh, K. & Heller, T. (2017, November). Prevalence and Associated factors of

- Hypertension in Adults with Intellectual Disabilities. Poster session presented at the APHA Annual Meeting, Atlanta, GA.
- Hsieh K., Heller, T. & Murthy, S. (2017, July). Lifestyles, Health Status, and Preventive Health Care Use of Adults with Intellectual Disabilities. Presentation at IAGG 2017, San Francisco, CA.
- Murthy S, Hsieh K & Heller T (2017, July). Prevalence and risk factors of Multimorbidity in Adults with Intellectual Disabilities. Poster session at IAGG 2017, San Francisco, CA.
- Hsieh, K., S. Murthy, J., & Rimmer, J. (2016, November). Prevalence and Predicators of Falls in Adults with Intellectual Disabilities: Three-year Follow Up. Paper presented at the 144th APHA Annual Meeting, Denver, CO
- Pan, C.C., Hsieh, K., Rigby, B.R., & Davis, R. (2016, November). The Effects of a Peer Walking Program on Taiwanese High School Students with Intellectual Disabilities. Poster presented at the 144th APHA Annual Meeting, Denver, CO
- Hsieh, K., Rimmer, J.H, Neumeier W.H., Minor, J., & Grosso, C.M. (2016, August). Policy to practice: falls in adults with intellectual disabilities. Webinar presented to AUCD.
- Hsieh, K., Murthy, S., Heller, T., & Rimmer, J. (2016, August). Prevalence and Modifiable Risk Factors of Diabetes in Adults with Intellectual Disabilities: A Three-year Follow Up. Paper presented at the 15th World Congress of the International Association for the Scientific Study of Intellectual and Developmental Disabilities, Melbourne, Australia.
- Hsieh, K., Murthy, S., & Heller, T. (2016, July). Prevalence of sedentary behavior of adults with intellectual disabilities. Poster session presented at the AADMD annual meeting, Chicago, IL.
- Hsieh, K., Murthy, S., & Rimmer, J. (2016, July). Life events and their associations with depression and anxiety in adults with intellectual/developmental disabilities. Paper presented at the AADMD annual meeting, Chicago, IL.
- Hsieh, K., Heller, T., Murthy, S., & Rimmer, J (2016, April 21). Falls Among adults with intellectual and developmental disabilities and prevention. The Arc and the RRTC on Developmental and Disability and Health webinar series.
- Hsieh, K., Murthy, S., Heller, T., & Rimmer, J (2016, April 20). Prevalence of predictors of cervical cancer screening among women with intellectual and developmental disabilities. Poster presented at the UIC Women Research Day.
- Hsieh, K., Rimmer, J., & Murthy, S. (2015, November 3). Examining association between obesity and depression in adults with intellectual disabilities: Using the longitudinal

- health surveillance data. Paper presented at the 143rd APHA Annual Meeting, Chicago, IL
- Hsieh, K., Rimmer, J., & Murthy, S. (2015, November 1). Health and health-related quality of life in adults with intellectual disabilities: Baseline results from the longitudinal health and intellectual disability study. Poster presented at the 143rd APHA Annual Meeting, Chicago, IL.
- Hsieh, K., Rimmer, J., Heller, T., Murthy, S., & Wang, E. (2015, July 27). Longitudinal associations between sex, age, health risk behaviors and health-related quality of life of adults with developmental disabilities. Paper presented at the Global Summit on Innovations in Health and Intellectual and Developmental Disability Conference, Los Angeles, CA.
- Hsieh, K., Rimmer, J., & Murthy, S. (2014, November 18). Comparing the health profile of older adults with intellectual and developmental disabilities to the general population. Paper presented at the 142nd APHA Annual Meeting, New Orleans, LA
- Hsieh, K., Rimmer, J., & Murthy, S. (2014, November 17). Prevalence and predictors of cervical cancer screening among women with intellectual and developmental disabilities. Paper presented at the 142nd APHA Annual Meeting, New Orleans, LA
- Hsieh, K., Li, H., & Rimmer, J. (2013, November 4). *Accuracy of the estimated obesity rate from informant-reported weight and height in adults with intellectual disabilities*. Paper presented at the 141st APHA Annual Meeting, Boston, MA.
- Hsieh, K., Rimmer, J., & Murthy, S. (2013, November 4). *Outcomes of Strength and Balance Exercise and Walking Programs Among Older Adults with Intellectual Disabilities*. Paper presented at the 141st APHA Annual Meeting, Boston, MA.
- Hsieh, K., Rimmer, J., & Murthy, S. (2012, October). *Prevalence and Associated Factors of Obesity in Adults with Intellectual Disabilities Living in the Community*. Paper presented at the 140th APHA Annual Meeting, San Francisco, CA.
- Murthy, S., Hsieh, K., & Rimmer, J. (2012, October). *Dietary Habits and Living Arrangements of Adults with Intellectual Disabilities*. Paper presented at the 140th APHA Annual Meeting, San Francisco, CA.
- Hsieh, K. & Rimmer, J. (2012, July). *Prevalence of Obesity and its Risk Factors among Adults with Intellectual Disabilities*. Paper presented at the 13th Congress meeting of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Halifax, Canada.
- Hsieh, K. & Rimmer, J.H. (2011, May). *Identification of fall risks in adults with intellectual disabilities*. Paper presented at the State of the Science Conference "Lifespan Health and

Function of Adults with Intellectual Disabilities: Translating Research into Practice”, Bethesda, MD.

- Rimmer, J.H., & Hsieh, K. (2011, May). *Longitudinal Health and Intellectual Disability Study (LHIDS) on Obesity and Health Risk Behaviors*. Paper presented at the State of the Science Conference “Lifespan Health and Function of Adults with Intellectual Disabilities: Translating Research into Practice”, Bethesda, MD.
- Hsieh, K., Heller, T., & Yamaki, K. (2009, June). *Fall-related risk factors in adults with intellectual disability living at home*. Paper presented at the 2nd Asia-Pacific Regional Congress meeting of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Singapore.
- Hsieh, K., Yamaki, K., & Heller, T. (2008, October). *Health Behaviors and the risks of Cardiovascular Disease for Adults with Intellectual/Developmental Disabilities*. Paper presented at the 136th APHA Annual Meeting, San Diego, CA.
- Yamaki, K. & Hsieh, K. (2008, October). *Health profile of female caregivers supporting adults with intellectual and developmental disabilities at home*. Paper presented at the 136th APHA Annual Meeting, San Diego, CA.
- Hsieh, K., Yamaki, K. & Heller, T. (2008, August). *Modifiable Risk Factors of Cardiovascular Disease for Adults with Intellectual/Developmental Disabilities*. Paper presented at the 13th Congress meeting roundtable of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Cape Town, South Africa
- Yamaki, K. & Hsieh, K. (2007, May). *Health Profile of Family Caregivers Supporting Adults with Intellectual and Developmental Disabilities at Home*. Paper presented at the State of the Science in Aging with Developmental Disabilities: Charting Lifespan Trajectories and Supportive Environments for Healthy Community Living conference, Atlanta, Georgia.
- Hsieh, K. Yamaki, K., & Houlihan, I. (2006, April). *Modifiable Risk Factors of Cardiovascular Disease for Adults with Intellectual/Developmental Disabilities in One State of the United States*. Paper presented at the Aging roundtable of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Toronto, Canada.
- Hsieh, K. (2005, June). *Analysis of medical utilization among people with intellectual disabilities in USA*. Paper presented at the 1st Asia-Pacific Regional Congress meeting of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Taipei, Taiwan.
- Heller, T., Marks, B., Hsieh, K., & Rimmer, J. (2005, June). *Long-term outcomes of an exercise education program on adults with Down syndrome*. Paper presented at the 1st Asia-Pacific Regional Congress meeting of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Taipei, Taiwan.

- Hsieh, K. & Wang K.Y. (2004, June). *Health Status of Adults with Intellectual Disabilities in Taiwan: Community-living and Institution*. Paper presented at the 12th World Congress meeting of International Association for the Scientific Study of Intellectual Disabilities (IASSID), Montpellier, France.
- Hsieh, K. (2004, June). *Health Status of Adults with Intellectual Disabilities in Taiwan: Community-living and Institution*. Paper presented at the Department of Disability and Human Development Research Colloquium, University of Illinois at Chicago, Chicago, IL.
- Heller, T, Marks, B. A., Hsieh, K, & Rimmer, J. (2003, June). *Health promotion intervention for adults with Down syndrome: Outcomes of an exercise and health behavior education program*. Paper presented at the Society for Disability Studies, Bethesda, MD.
- Heller, T., Hsieh, K., & Marks, B. A. (2003, May). *Health promotion and health status of men and women with Down syndrome*. Presented at the American Association on Mental Retardation, Chicago, IL.
- Hsieh, K., Yamaki, K., Heller, T. (2003, March). *Prevalence and trend of overweight among Asian Americans*. Paper presented at the 2nd Asian International Society for the Study of the Aging Male (ISSAM) Meeting on the Aging Male, Taipei, Taiwan.
- Hsieh, K. (2003, March). *Promoting healthy aging for adults with disabilities*. Paper presented at the staff in-service education seminar, En Chu Kong Hospital, Taipei, Taiwan.
- Hsieh, K. (2003, March). *Promoting healthy aging for adults with disabilities*. Paper presented at the Nursing School, China Medical College, Taichung, Taiwan.
- Heller, T., Hsieh, K., & Rimmer, J. (2002, November). *Psycho-social and fitness outcomes of a health promotion program for adults with Down syndrome*. Paper presented at the 130th APHA Annual Meeting, Philadelphia, PA.
- Heller, T., Hsieh, K., & Rimmer, J. (2002, September). *Psycho-social and fitness outcomes of a health behavior education and exercise program for adults with Down syndrome*. Paper presented at the 1st National Conference on Birth Defects, Developmental Disabilities, and Disability and Health, Centers for Disease Control and Prevention, Atlanta, GA.
- Heller, T., Hsieh, K., & Rimmer, J. (2002, March). *Impact of an exercise health behavior education program on adults with Down syndrome*. Paper presented in the 12th International Association for the Scientific Study of Intellectual Disabilities Roundtable, Koriyama City, Fukushima, Japan.
- Hsieh, K. (2001, May). *Causes of death among adults with developmental disabilities: Comparison of nursing homes and other community settings*. Paper presented at

American Association on Mental Retardation 125th Annual Meeting, Denver, CO.

Heller, T., Hsieh, K., Marks, B., & Ailey, S. (2001, May). *Barriers and supports for exercise participation: Perspectives of persons with Down syndrome and their caregivers/staff*. Paper presented at American Association on Mental Retardation 125th Annual Meeting, Denver, CO.

Heller, T., Hsieh, K., Ailey, S., & Marks, B. (2000, May). *Promoting self-determination in the health promotion project for adults with mental retardation*. Paper presented at American Association on Mental Retardation 124th Annual Meeting, Washington DC.

Hsieh, K. (1998, March). *Risk Factors for Injuries and falls among adults with developmental disabilities*. Paper presented at the 20th Annual College Association Health Professions Research Forum, Chicago, IL.

Hsieh, K. (1997, May). *Stress, Resources, and Psychosocial Well-being between Mothers and Fathers of Adult Children with Mental Retardation*. Paper presented at the American Association on Mental Retardation 121st Annual Meeting, New York, New York.

Rockford, J. & Hsieh, K. (1995, April). *Perceived Benefits of Participation in Support Groups for Families of Relatives with Mental Illness*. Paper presented at the American Orthopsychiatric Association 72nd Annual Meeting, Chicago, Illinois.

INVITED SPEAKER

Hsieh, K. (2022, December). Invited speaker: Impact of COVID-19 pandemic on research: Challenges and Transformations”, College of Nursing, National Yang Ming Chiao Tung University, Taipei, Taiwan.

Hsieh, K. (2021, July). Invited speaker: Health promotion and aging with disabilities at the 2021 Online Exchange Program, School of Gerontology Health Management, Taipei Medical University. Taipei, Taiwan.

Hsieh, K. (2021, June). Invited speaker: Health promotion and aging with disabilities, College of Nursing, National Yang Ming Chiao Tung University. Taipei, Taiwan.

Hsieh, K. (2017, November). Keynote: Health promotion and physical activity for youth with disabilities: Research, policy and implications, Republic of China Special Education Association, Northern Region Conference, Taipei, Taiwan.

Hsieh, K. (2015, October 1). Developmental disability research and its application in nursing. Invited speaker at the Taipei Medical University, Taipei, Taiwan.

Hsieh, K. (2015, September 29). Universal design in health care setting. Invited speaker at the Taipei Medical University-Municipal Wan Fang Hospital, Taipei, Taiwan.

Hsieh, K. (2009, June). *Health and aging adults with intellectual disabilities*. Invited speaker at Ageing Seminar, Hong Kong Joint Council for People with Disabilities and Hong Kong Council of Social Service, Hong Kong.

TEACHING

DHD 592 Interdisciplinary Seminar in Disability Studies, Spring 2021, 2022, 2023.

DHD 515 Statistical Methods and SPSS in Disability Research, Spring 2020, Fall, 2022.

DHD 594 Special Topics-Data Analysis with SPSS, Spring 2018, 2019.

DHD 202: A guest speaker on “Health promotion among older adults with disabilities”, Spring 2019

COMMITTEE PARTICIPATION

UIC Committee Participation

2022-2022	CAHS Statistician search committee
2021-2022	Cluster hire search committee
2020-2021	IDHD Self-Study committee, Chair of the Committee
2019 –	DHD executive committee
2019 –	DHD space committee
2019 - 2020	DHD PhD curriculum committee
2007 - 2010	Health Promotion Curriculum committee, Department of Disability and Human Development, University of Illinois at Chicago
2004 – 2006	Management Committee, Department of Disability and Human Development, University of Illinois at Chicago

Other Committee

2013-2014	Mid-life Falls Prevention Advisory Community, University of Toronto (PI: Richard Volpe)
2017-2018	Disability Competencies Review Committee, Alliance on Disability in Health Care Education and the Ohio Disability and Health Program (PI: Susan Havercamp)
2022-	Consulting Committee Member of the Nursing College Efficient Intelligent Care Center, National Yang Ming Chiao Tung University, Taiwan
2023-	Diversity, Equity and Inclusion (DEI) Planning Committee for The Arc of Illinois

Thesis/Dissertation Committees

Ming-De Chen	Dissertation Committee, 2009 - 2011 Title: Effects of Exercise in Adults with Physical and Cognitive Disabilities
Anat Maxine Laiser	Thesis Committee, 2008 - 2012

Emily Langley	Title: Accessibility of fitness and recreation facilities for persons with disabilities in a large metropolitan city Thesis Committee, 2011-2013
Yanling Li Gould	Title: Evaluating Accessibility for People with Disabilities in Different Types of Fitness Centers in Chicago Dissertation Committee, 2008 -
Stephanie Steiner	Title: Exploring the Experiences of Disabled Students Accessing Higher Education in the People's Republic of China Thesis Committee, 2012-2014
Meenhye Lee	Title: The Competencies of Fitness Professionals: View From the Disability Community Dissertation Committee, 2015 - 2017
Anne Bowers	Title: Relationships between parenting stress, health-promoting behaviors, and health-related quality of life among mothers who have children with cerebral palsy in Korea Dissertation Committee, 2016-2017
Chih-Chieh (Jay) Hsu	Title: Quality Impacts of Care Coordination for Medicaid Managed Care Enrollees with Mental Health Disabilities Dissertation Committee, 2018-2020
Julie Vryhof	Title: Examining inclusion: Social entrepreneurship for people with disabilities in Taiwan Dissertation Committee, 2018-2020
Caitlin M. Crabb	Title: Contextualizing the Academic Outcomes of Students with Disabilities Enrolled at an Alternative School Dissertation Committee, 2018-2020
Angélica Martínez	Title: Factors Impacting Access to Home and Community-Based Services for People with Intellectual Disabilities Dissertation Committee: 2019 - 2023
Adrienne Smith	Title: Exploring and Understanding the Sociocultural Factors that Impact the Usage and Abandonment of Assistive Technology Devices among Latino Consumers Proposal Committee: 2020-2021
Benjamin Salentine	Title: The Intersection of Trauma, Disability, and Educational Outcomes Dissertation Committee: 2021-
Yue Xu	Dissertation title to be determined: 2021 - Title: Social Determinants of Health and Self-Reported Health Outcomes Among Adults with Physical Disabilities Dissertation Committee: 2019 - 2021
Fani Lee	Title: Culturally Adapting a Parent Psychoeducation Intervention for Chinese Immigrant Families of Children with Autism Spectrum Disorder Dissertation Committee: 2020 - 2021
Sumithra Murthy	Title: Participation and Quality of Life Outcomes of Assistive Technology Users who have moved from Long-term Nursing Home Living to the Community Dissertation Committee: 2021 – 2022

Title: A Culturally-Adapted Strengths-Based Needs Assessment of Family Caregivers of Adults with Intellectual and/or Developmental Disabilities (IDD) in India

Moaz Tobaigy

Preliminary Exam Committee: 2021-2022

Dissertation Committee: 2023

Grant Reviewer

Administration for Community Living, Administration on Disabilities Community Based Transition Partnership Planning Grants. July, 2021

Administration for Community Living, National Institute on Disability, Independent Living and Rehabilitation Research, the Field Initiated Projects Program: Minority-Serving Institution (MSI) Research & Development Grant. July, 2019

Administration for Community Living, National Institute on Disability, Independent Living and Rehabilitation Research, the Field Initiated Projects Program: Minority-Serving Institution (MSI) Research & Development Grant. July, 2016

Association of University Centers on Disabilities, Research Topic of Interest (RTOI) through our cooperative agreement with the National Center on Birth Defects and Developmental Disabilities (NCBDDD) at the Centers for Disease Control and Prevention (CDC).

Ireland Health Research Board (HRB), HRB Research Training Fellowships for Healthcare Professionals.

Netherlands Organisation for Scientific Research, Individualizing medication-withdrawal to decrease fall risk by using IT.

Journal Article Reviewer

Intellectual and Developmental Disabilities

American Journal on Intellectual Developmental Disabilities

Journal of Applied Research in Intellectual Disabilities

Journal of Intellectual and Developmental Disability

Journal of Intellectual Disability Research

Journal of Policy and Practice in Intellectual Disabilities

Preventing Chronic Disease: Public Health Research, Practice, and Policy

