

# Michael W. Jones

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## EDUCATION

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**DPT, Doctor of Physical Therapy**, 5/2013  
University of Illinois at Chicago (UIC)

**M.S., Kinesiology** (*Motor Control and Biomechanics Emphasis*), 5/2013  
University of Illinois at Chicago (UIC)  
Advisor: Karrie Hamstra-Wright, Ph.D., ATC.  
Defended Project Title "Runners with iliotibial band syndrome (ITBS) demonstrate hyperalgesia at the lateral knee, with normal hip strength and kinematics in the frontal plane"

**B.S., Kinesiology** (*Movement Sciences option*), 5/2010  
University of Illinois at Chicago (UIC)

**Diploma, Clinical Massage Therapy** (*700-hour option*), 1999  
The Soma Institute, Chicago, IL

## ACADEMIC POSITIONS

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| <b>Clinical Assistant Professor (non-tenure)</b><br>Department of Kinesiology and Nutrition, UIC <ul style="list-style-type: none"><li>• Director, Human cadaver anatomy laboratory</li><li>• Instructor, 9-12 credits/semester</li></ul>  | 2014 - Present |
| <b>Adjunct Faculty</b><br>Department of Physical Therapy, UIC <ul style="list-style-type: none"><li>• Guest Lecturer</li></ul>   | 2013 - 2014    |
| <b>Visiting Instructor</b><br>Department of Kinesiology and Nutrition, UIC <ul style="list-style-type: none"><li>• Coordinator, Human cadaver anatomy laboratory and Anatomy Undergraduate Peer Mentor program</li><li>• Instructor, Human Dissection I&amp;II, Sport and Exercise Injury Management</li></ul> | 2013 - 2014    |
| <b>Graduate Teaching Assistant</b><br>Department of Kinesiology and Nutrition, UIC <ul style="list-style-type: none"><li>• Laboratories instructed: Human Physiologic Anatomy I&amp;II, Sport and Exercise Injury Management</li></ul>   | 2011 - 2013    |

**Director of Kinesiology & Core Program Instructor**

1999 - 2012

The Soma Institute, Chicago, IL

- Courses instructed: Anatomy and Physiology, Pathology, Kinesiology, Clinical Integration (Examination and documentation), and clinical massage skills practicums

**TEACHING EXPERIENCE**

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Courses Taught (100% FTE)

Department of Kinesiology and Nutrition, UIC

2013 – Present

**Human Physiologic Anatomy I&II** (KN 251/252, 5 credits)

- 800 max enrollment (16+ labs/week), “flipped” format pre-medical course series

**Human Cadaver Dissection I&II** (KN 350/351, 3 credits)

- Complex systems anatomy, skills and case-based course series

**Practicum in Undergraduate Teaching** (KN 493, 1 credit)

- Anatomy Undergraduate Peer Mentor course series

**Independent Study** (KN 396, 1-3 credits)

**Senior Research Seminar** (KN 398/399, 3 credits)

Laboratory Instructor (50% FTE)

Department of Kinesiology and Nutrition, UIC

**Human Physiologic Anatomy I&II**

2011 - 2013

**Sports and Exercise Injury Management**

2011 - 2014

Guest Lecturer

Department of Kinesiology and Nutrition, UIC

**Biomechanics of Neuromusculoskeletal Systems** (KN 465)

2016 - Present

“Clinical Applications of Force and Leverage”

**Biomechanics of Human Locomotion** (KN 594)

Spring 2015

“Observational Gait Analysis (OGA) and Gait Speed”

**Introduction to Kinesiology** (KN 100)

Spring 2009

“Myofascial Release: Balancing Your Body Stalking”

Guest Lecturer

Department of Physical Therapy, UIC

**Women’s Health** (PT 694)

2014 - Present

“Female cadaver reproductive system dissections”

- Prosected and proctored cadaver lab visit for PT students

**Biophysics** (PT 616)

Summer 2014

“Clinical Massage Therapy”

**Applied Kinesiology** (PT 617)

Spring 2014

“Patho-gait and Observational Gait Analysis”

<b>Therapeutic Applications</b> (PT 624) "Clinical Massage Therapy"	2013
<b>Musculoskeletal Dysfunction II</b> (PT 632) "Chronic Low Back Pain and Nervous Plasticity"	2012

Guest Lecturer  
Department of Art, UIC

<b>Topics In Sculpture I</b> (ART 240) "Static Observation of Dynamic Systems"	2009
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Health Sciences Tutor and Mentor  
Academic Support and Advising Program  
College of Applied Health Sciences, UIC

2009 – 2010

## **MENTORING EXPERIENCE**

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Post-Doctoral/Fellowship:

Dony Maignel, Ph.D, University of Maryland (G.O.A.L.) <sup>b</sup>	2014 - 2016
Jean-Paul Hezel, M.D. UIC (Sports Medicine Fellowship) <sup>b</sup>	2013 - 2014

Graduate:

Amara Ayoub, B.S., UIC (BS - Movement Sciences) <sup>c</sup>	2016 - Present
Abbey Breckling, B.S., UIC (BS - Movement Sciences) <sup>c</sup>	2016 - Present
Alec Chavez, B.S., Salisbury University (BS - Kinesiology) <sup>c</sup>	2014 - Present
Victoria Myers, B.S., Salisbury University (BS - Kinesiology) <sup>c</sup>	2014 - Present
Burcu Aydemir, B.S., UIC (MS – Motor Control and Biomechanics) <sup>a, b</sup>	2014 - 2016
Radhika Desai, M.S., UIC (M.S. – Rehabilitation Sciences) <sup>c</sup>	2014 - 2016
Janina Locasiano, B.S., UIC (MS – Nutrition) <sup>c</sup>	2014 - 2015
Eliza Davis, M.S., UIC (MS – Applied Exercise Physiology) <sup>c</sup>	2013 - 2015
Kiersten McCartney, M.S., UIC (MS – Applied Exercise Physiology) <sup>c</sup>	2013 - 2015

Undergraduate:

Kathy Smirnow, B.S., UIC (BS - Movement Sciences) <sup>b</sup>	2014 - 2016
Abbey Breckling, B.S., UIC (BS - Movement Sciences) <sup>c</sup>	2014 - 2016
Olivia Perozzi, B.S., UIC (BS - Movement Sciences) <sup>b, c</sup>	2014 - 2016
Amador, B.S., UIC (BS - Movement Sciences) <sup>c</sup>	2014 - 2015
Jackson Davenport, B.S., UIC (BS - Movement Sciences) <sup>a, b, c</sup>	2013 - 2014
Dallal Nijem, B.S., UIC (BS – Exercise and Health Promotion) <sup>b, c</sup>	2013 - 2014
Robert Nielson, B.S., UIC (BS - Movement Sciences) <sup>b</sup>	2013 - 2014
Emmanuel Barron, B.S., UIC (BS - Movement Sciences) <sup>c</sup>	2012 - 2013
Megan Hyatt, B.S., UIC (BS - Movement Sciences) <sup>b</sup>	2012 - 2013

<sup>a</sup> Research resulted in poster presentation at Human Anatomy and Physiology Society (HAPS) National conference; <sup>b</sup> Research resulted in peer-reviewed conference abstract; <sup>c</sup> Mentored in human cadaver dissection and instruction

## **AWARDS AND HONORS**

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Silver Circle Award for Teaching Excellence, UIC (AHS)	2015
Faculty Travel Award, UIC (HAPS National Conference)	2015
Distinguished Alumnus, R.A.R.E. Awards, UIC Kinesiology	2013
Most Outstanding Graduate Teaching Assistant, UIC Kinesiology	2012 - 2013
Student Research Forum, 2 <sup>nd</sup> Place award (Life Sciences Category)	2010
Chancellor's Student Service Award (CSSA), UIC	2010
Student Research Grant, (HAPS)	2009
Dean's List of Academic Distinction, UIC Applied Health Sciences	2008 - 2010
Dean's List, Wilbur Wright College	2008
President's List, The Soma Institute	1999

## **PUBLISHED ABSTRACTS**

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Smirnow, K; Maignel, D; Perozzi, O; **Jones, M**; Aydemir, B; Hamstra-Wright, KL. Discrete Frontal Plane Hip Strength And Ratio Differences In Female Runners With ITBS. Journal of Kinesiology and Nutrition Student Research; Vol. 4.<sup>b, c</sup>

Perozzi O, Maignel D, **Jones M**, Aydemir B, Hamstra-Wright KL. (2016). Knee External Rotation Kinematics and Prevalence of ITBS in Dominant Limbs of Female Runners. Journal of Kinesiology and Nutrition Student Research; Vol. 4.<sup>b, c</sup>

Davenport J, Aydemir B, **Jones M**, Hamstra-Wright K. (2015). Female Runners with ITBS Have Distal Hyperalgesia in the Affected Limb. Journal of Kinesiology and Nutrition Student Research; Vol. 3.<sup>a, b</sup>

Nielson R, **Jones M**, Hamstra-Wright K. (2014). Altered Stance Phase Kinematics in ITBS: A Pain Avoidance Mechanism? Journal of Kinesiology and Nutrition Student Research; Vol. 2.<sup>b</sup>

Hyatt M, Hezel JP, **Jones M**, Hamstra-Wright K. (2013). Hip Strength and Core Endurance in Runners With and Without Iliotibial Band Syndrome. Journal of Kinesiology and Nutrition Student Research; Vol. 1.<sup>b</sup>

**Jones M**, Auchter S, Hamstra-Wright K. (2010). The Effects of Therapeutic Massage and Kinesio® Tape on Scapular Posture and Upper Shoulder Chronic Musculoskeletal Pain.<sup>c</sup>

<sup>a</sup> Presented at the HAPS National Conference

<sup>b</sup> Presented at the Research Award and Recognition Event (R.A.R.E.), UIC

<sup>c</sup> Presented at the Student Research Forum, UIC

## RESEARCH PROJECTS

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### Ongoing:

IRB protocol # 2012-0627, UIC 2012 - 2016  
“Lumbopelvic Kinematics and Pain Sensitization in Runners  
with Iliotibial Band Syndrome”  
Role: Principal Investigator  
Collaborators: Dony Maiguel Ph.D., Burcu Aydemir, B.S., Kathy Smirnow, Olivia  
Perozzi, Reed Ferber Ph.D., Carol Courtney Ph.D., Karrie Hamstra-Wright, Ph.D.  
(Un-funded, submitting for publication 2017)

### Completed:

IRB protocol # 2008-1101, UIC 2008 – 2010  
“The Effects of Therapeutic Massage and Kinesio® Tape on  
Scapular Posture and Upper Shoulder Chronic Musculoskeletal Pain”  
Role: Principal Investigator (Sponsor: Karrie Hamstra-Wright)  
Collaborators: Sonja Auchter  
(\$800) HAPS, Student Research Grant

## SERVICE

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### Professional:

**Ad hoc reviewer**, Clinical Orthopaedics and Related Research (CORR) 2013 – Present  
**Member**, American Anatomists Association (AAA) 2013 – Present  
**Member**, Human Anatomy and Physiology Society (HAPS) 2013 – Present

### Campus (UIC):

#### Search committees

Kinesiology and Nutrition Department (UIC), Department Head 2016  
• Ongoing  
Kinesiology and Nutrition Department (UIC), A&P (non-tenure track) 2016  
• Successful hire of Gillian Corbo, MS  
Kinesiology and Nutrition Department (UIC), Biomechanics (tenure track) 2014  
• Successful hire of Andrew Sawyers, Ph.D.  
Kinesiology and Nutrition Department (UIC), Exercise Psychology (tenure-track) 2014  
• Successful hire of Eduardo Bustamante, Ph.D.

**Faculty Activities Committee** 2015 – Present

- Approval of faculty funding requests

**Online education taskforce**, Contributing member 2015

- Assessment on transitioning curriculum to distance education

Student and Community Service:

<b>Director, Undergraduate Peer Mentor (UPM) program</b>	2013 - Present
<ul style="list-style-type: none"> <li>Organize annual field trips to Anatomical Gifts Association (AGA)</li> <li>Host annual summer enrichment cadaver lab visits</li> </ul>	
<b>Faculty mentor, Delta Epsilon Mu (Psi Chapter, est. 2014), UIC</b>	2014 - 2016
<ul style="list-style-type: none"> <li>Interdisciplinary pre-health professions student fraternity</li> </ul>	
Pritzker Elementary Science Fair, Chicago, IL*	2014 – Present
Biology Colloquium (BCQ), student-group field trip, GOAL lab	2015
Chicago Food Depository, Chicago, IL	2010 – 2012
Special Olympics, Chicago, IL	2000, 2005, 2011, 2013
Equity Fights AIDS, Actor’s Equity Association, NY	1997 – 1998

**CLINICAL POSITIONS**

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Physical Therapy

<b>Physical Therapist, IL License # 070020084 (Active)</b>	
West Suburban Hospital Sports Med and Rehab, River Forrest, IL	2013 - 2015
<ul style="list-style-type: none"> <li>Hospital-affiliated outpatient sports medicine and rehab clinic</li> </ul>	
<b>Student Physical Therapist</b>	2012 - 2013
<ul style="list-style-type: none"> <li>Long-term Acute Care, Kindred Hospital, Northlake, IL</li> <li>Acute Rehab, Community Hospital, Munster, IN</li> <li>Outpatient, West Suburban Hospital, River Forrest, IL</li> </ul>	

Massage Therapy

<b>Athletico, Chicago, IL</b>	2006 – 2009
<ul style="list-style-type: none"> <li>Interdisciplinary sports med outpatient physical therapy clinic</li> </ul>	
<b>Gottlieb Hospital, Health and Fitness Center, Melrose Park, IL</b>	1999 – 2007
Select Team Massage Positions:	
Joffrey Ballet, Chicago IL	2006 – 2009
U.S. Soccer Federation, Women’s National Team (USWNT)	2006
LaSalle Bank Chicago Marathon*	2004 – 2006
Chicago RUSH, Arena Football League, Chicago, IL	2005
UIC Flames Sports Medicine Team, UIC	2005
PGA Nationwide Tour, LaSalle Bank Open	2004
* Medical and ICU tent sports massage coordinator	

**PERFORMING ARTS**

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<b>Beauty and the Beast 1st National U.S. Tour, Disney Theatricals</b>	1995 – 1998
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